

How To Change Your Sexual Reality:

The Levels of Sexual Consciousness For
The Modern, Single Man

+5 Action Steps to Awaken Your Masculine Power, Dissolve Your Sexual Anxieties
& Live In A Different Reality With The Level of Women You Want

-Rion Williams

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Welcome! If you're single and going through struggles with yourself and women, this report can change your life like nothing ever has before. You'll see how.

You are privy to what is **guaranteed** to change your reality; you just have to open up to it. I'm presenting things 'as they are'. This is a quantum evolution in understanding and changing *your* sexual reality. You should read and re-read this report because it represents the most direct path to complete metamorphosis.

If you care about getting this area of life handled, **devour this report**. It's hard for me to place a value on this, so ***you'll*** just have to discover it on your own.

First, go through and **choose which one of the levels of sexual reality** is closest to YOUR current experience with women. You'll see what level of sexual consciousness you're at and you'll see what it's like at other levels like 'natural'.

Then, I'll give you **5 action steps** (coming from higher sexual truth) which you can take today that will start directly changing your sexual reality and subjective experience (sexual 'consciousness') with women, dating and sexual attraction.

Far beyond the limitations of inner game, these awakening steps will tangibly start liberating your knowing of reality from the anxieties, incurable unworthiness and other frustrations that you may be dealing with to producing attraction.

Keep in mind that this is not about 'trying' to date a lot of women, nor is it advocating any certain type of lifestyle. It isn't about 'getting women'. Your love life is up to you and you may just want to attract 'the one'. You may not even be interested in dating at all or you may already be in a relationship.

I think you'll find that whether you want to date women or not from this point forward, that the **most important thing** is actually to resolve all of the issues you're PERSONALLY suffering through in your experience of single life that are making you feel unworthy and less than the man you should be.

I just know that you should **not** be suffering from these issues because it *ISN'T* natural to be feeling like it; that *plus* you're disappointing women by not being confident, powerful, real and comfortable in your own skin around them.

So finally we have the direct path to make miraculous metamorphosis in your personal experience of reality and it begins with introducing the different levels of sexual consciousness. So let's proceed with an overview of subjective reality:

The Western Single Man's

Levels of Sexual Reality (Consciousness)

Awakened Natural: Is connected to yin female energy in sexual polarity; powerful sexual energy influence; zero anxiety around any women; delights & awakens women; influences women without trying; has to hold his power back because it would break hearts; understands lives & transmits sexuality on all holistic levels (more than just the physical or ego desire); unquestionably has infinite worthiness of the highest quality women, hosts legendary house parties; makes even *more* fun with *more* women around

Natural: Unshakable, grounded, free from anxiety, respected, present, egoless but selfishly driven; physical values of sex; cares about himself; doesn't have to worry about his love or sex life because can always attract new women; values physical sex over fantasy; never has to act or use pick up lines; always knows what to say or do instinctively around women (This is the envy/peak of what many think is possible)

Pre-Natural: Has a lot going for him including experience with women but something is still holding him back; only has some anxiety around higher quality women; his mind still gets in the way and stops him sometimes; women are usually interested if he says or does the right things; can usually number close if/when he goes for it; can get dates

Purgatory: Stuck between fantasy & reality with women; even though women have said he is a good 'catch', he has good personal quality traits and intellect but it doesn't 'cross over' to success with women; has intermittent anxiety; butterflies come back when near prettier women that he really values; inconsistent success; has dry spells; confused by the behavior of women

Unnatural [Active/Passive]: Still desires to be with women but either has tried a lot and continuously fails or slips into his own fantasy world all of the time; may have tried being a PUA to manipulate women into attraction; becomes needy and more of a leech when he finds a woman who actually is interested in him; the Passive Un-natural puts time into improving himself to hopefully get women *indirectly*; may be heavy into porn

Apathetic: Dang near hopeless; disconnected from women; escapes into his fantasy world; feels 'incurable' shame, guilt, intimidation, fear, depression; can't get a date to save his life; may suffer from porn addiction; uncontrollable anxiety; believes he is at *fault*

Ok. We'll be going into those in more detail, but that was a *brief overview* of the general levels of sexual reality that you can subjectively experience.

Can you already tell which level relates to your current experience with women the most?

- **Apathetic**
- **Un-Natural {Active or Passive}**
- **Purgatory**
- **Pre-Natural**
- **Natural *or***
- **Awakened Natural?**

You should be able to gauge just from your level of anxiety around women and the descriptors of each level of experience, where *you're* actually at in reality with women. **'Reality' changes at the different levels.**

Although I creatively put names to the levels, *the actual experiences represent the general truth of reality* and behavior of single men around women. The higher up the scale of experience, the more power, confidence and attraction you have with women regardless of your looks or social status (*oh and with less work*).

Why? Because it just 'is what it is'. It is self-evident.

It is a higher knowing, embedded beliefs and a congruent reality that is representative of the truth of being at that level. At the top is the experience of absolutely zero anxiety with women which exists for those *at* that level.

It's not acting and cannot be acted *or you wouldn't be at this level*; it just *is what it is*. It's 'real' (behaviorally congruent), authentic and women know it.

A similar analogy would be like being an expert in a certain field. Think of an area that you're proficient in which other people aren't (a certain software program, auto repair, a sport, mountain climbing, poker, etc.). You can't act or fake that you're good, people will know when it's put to the test.

At the top with more 'knowing', you're very competent and you just don't have anxiety. You're very comfortable and confident in your own skin in that area.

You're experienced and understand the dynamics because you are CONSCIOUS. So what *feels* like a problem and has the *experience* of anxiety and frustration for *someone else* is no problem for you. (*You may even ENJOY resolving problems in areas where you're competent*).

That's what the level of 'Natural' is like with women and that's what you'll be like when you're at that level of conscious capability and 'knowing'.

You don't achieve mastery status in any field by being ignorant but putting in a 'lotta work'; you focus on building your capability and the level of consciousness for that *type of field*. It's mixed with experience yes, but not 'all' work.

And with women and natural attraction it's your level of sexual consciousness; not your '*logic*' of the natural process. That's why a Natural can show up and without work, women will be interested in him and this will help get you there.

Ever have a level of problem that you weren't 'conscious' or 'knowing' in at the level to resolve? What happened? You were stuck in the pain of not being able to get past it, like how I was spinning the tires of a borrowed car for 2 minutes when I was 19.

The subjective experience of my reality was **confounding** then and didn't make any sense; I was stepping on the gas on a flat road and going nowhere. It wasn't in my level of understanding to know how to resolve it so I was stuck in the pain of that lower conscious level of experience *at or below the level of the problem*.

Einstein said "you can't solve a problem at the same level (of consciousness) it was created." When someone knocked on the window and pointed to the

emergency brake, I then had the *higher knowing* to resolve the problem and get out of the anxiety. I was liberated from the anxiety that I dealt with previously.

It's the same thing with women; you just have to have that higher 'knowing' of how things are; sexually. The pain or incompetence you're suffering through now (if you're at Purgatory or worse), is ONLY because you're at a lower level of **sexual** consciousness and not at the level to be flowing, effective and competent.

Towards the bottom of the scale of sexual consciousness (Apathetic) is the *experience* of more and more anxiety, more ego influence, more warping, corruption and social influence on your beliefs, energy associations and feelings of sexuality so you have an *un-natural knowing of reality with women*.

Even a **basic task** like *talking to a woman* becomes seemingly impossible but only because you have low understanding of sexual truth. Trying to use pick-up lines or even being very active and approaching a lot of women **doesn't work** and seems like you're '*spinning your tires*' leaving you very frustrated.

All these anxieties *FESTER* at that level of ignorance that aren't in alignment with the power and truth of pure sexual consciousness. It's not 'you', it's the level.

You're not the problem. Your subjective level of sexual 'knowing' is.

You just have to directly change your sexual 'knowing'. So as you rise in knowing and congruent belief to the truth of pure sexuality and sexual attraction that already exists (free from all social media or ego corruption), there is less anxiety.

The 5 steps coming up later will get you on that path!

If you continue to rise up the scale of conscious 'knowing' by shifting your awareness, eventually there is no anxiety and you're at a point of fully letting your sexual energy flow. Your mind or previous limiting beliefs (at a lower level) just **AREN'T** there in your reality. Attraction replaces anxiety.

Again, it's not at all about 'work', it's about capability and consciousness.

Something PUA's don't get yet and still struggle. You can be an auto repair shop 'working' for weeks (or approaching women for months) trying to fix a simple

problem (starting up a conversation and getting a number) and nothing will happen if you don't have the level of consciousness and capability for it.

Ok, after enough time *SOMETHING might* happen, but do you want to rely on that frustrating amount of work and feeling blinded? I wouldn't! You'd probably pay to increase your consciousness in whatever that field was; usually through higher education, training programs, workshops or events, etc.

If you want to leap the *fastest*, hire the best person in the world in that field and their level of experience and consciousness will take **you** far higher, far faster.

I had a very confounded coaching client in Berlin who did 4,000 approaches beforehand and I/we had the same *results* in our *weekend* because it's all about your level of consciousness and capability (**and** he had the best date of *his* life with a woman and I; the 3 of us).

Unfortunately, most of the modern dating training and events that are out there have mostly been coming from lower levels of sexual consciousness (even if well-intentioned). They're filtering, corrupting and mitigating the raw truth of attraction, often by taking a social or personal 'mental' approach to something that is far more powerful and *just different entirely*.

By contriving social, socio-demographic, socio-centric, socio-economic, mental and ego-based belief system variations off of the truth of sexuality, *EVERYTHING* gets messed up and people remain at lower levels of consciousness these exist at.

That's why it's so difficult for you to ever have any breakthrough; it's often **founded** upon ignorance of sexuality and fear of women in the first place (reference the PUA/Seduction industry *or media sexploitation*).

The only solution is true, higher 'knowing'. Since sexual energy is already infinitely powerful and universal, you just have to bring more of its truth and power into your reality; *not intellectually but IN your sexual energy*.

So, the more consciousness you have, the faster things work and the higher level you operate on WITH LESS WORK and more results. This report will open you to

that **direct super-highway path to increasing your own sexual consciousness** so that you are the one who sees the tangible subjective changes in your love life.

That means impossible changes that you thought could never happen but it's only and ever because of *your* level of sexual consciousness or 'knowing subjective experience'.

Next, you're going to find out more about what each level of sexual reality is like in-depth as we go into more detail. This is important for several reasons. Once you have a real 'objective' awareness and can see the bigger picture outside of the subjectivity of 'your struggle', it gives you some hope.

Once you can mentally (*for starters*) step 'into the shoes' of a Natural or Awakened Natural and how they think, it will start giving you a taste of a far greater reality; what it's like to have no anxiety around women.

Keep in mind that the types of experiences are generally indicative for that level of sexual consciousness; they may not be verbatim in your life.

Read into each subjective experience of sexual reality (consciousness) and see which connects with ***your*** 'knowing' experience of sexual reality. Confirm which level is definitely or at least about where you're at. These levels include the subjective emotions, beliefs and experience of your reality with women.

You can also start to see 'what it's like' at a different level of reality experience with women and the self. It's really not even about women, ***it's about what YOU'RE going through that shapes your reality with them.***

Then we'll bridge into how to practically and significantly increase YOUR level of sexual reality to one of no anxiety, limiting beliefs or frustrations with women with 5 practical action steps you can take to directly move forward.

The actual path of directly experiencing and increasing your sexual consciousness so that your entire reality changes (the only thing that really matters with your reality with women and yourself) is what I now call 'Sexual Awakening'.

Let's proceed, shall we?

The Single Man's Levels of Sexual Consciousness:

In More Detail From Lowest to Highest Level of Subjective Experience

[Apathetic]

Things are really bad and seem near hopeless at this level. Your experience and ability with women right now is **pathetic** and you know it. It's terrible. Everything 'inner' is in such shambles it seems irrecoverable. Your whole life is affected.

You've dealt with shame, guilt, apathy, envy, jealousy, desperation, depression, and of course a lot of anxiety when you're around good-looking women. You generally and genuinely feel unattractive to women.

You have loads of limiting beliefs like you're 'not good enough', 'not good-looking enough', 'women wouldn't want to hang out with you'; even worrying if you'll ever be with someone or start a family in the future.

You just wish the women that you felt attraction for would just feel attraction for you. At some point you just get more disconnected from women and feel 'at fault' for not being successful.

You're not worthy and there's no way it seems you'll ever feel worthy of higher quality, good-looking women. Your experience just showcases it all.

It's not in your reality to even know or remember what being physical with women is actually like. Maybe you had an experience in the distant past or you could be a virgin still. You may be dealing with an impassioned porn addiction but only you would know about it.

Mostly you just keep to your own self when it comes to women and retain your active fantasy life because at least you have that. Real success seems worlds away. A lot of it seems unresolvable because you can't go back in time of which you've lost a lot of.

If you're a virgin and getting older; not getting 'there' yet has caused you a lot of frustration because over time you 'wanted it' too much and kept beating yourself up.

When you had opportunities in the past it didn't get past a certain point so those women dropped you fast. When intimacy comes into the picture you fall apart..you can't see past the next step or what to do. Maybe you want to see which girl you can get to sleep with you before you kill all of the attraction first.

You wonder how you can be worthy of a woman when none of them ever show interest in you. You're even thrown off by average women and tired of this haunting fear.

Sometimes you really feel that no one else in the world could have it as bad as you with women; 'they can't be suffering *THIS* bad' you think.

So apathy is really that lowest possible general layer of experience with women. If you're there, it sucks. I'll be taking my time going into some of these but let's move on.

[Un-Natural: Active]

Here you take a more active approach of coping by trying to directly deal with the issue head-on (and meeting more women). At this level, women remain largely an out of touch fantasy; even though they can be right in front of you, they're still so far away. There's a disconnect between you and them.

Despite all of your approaching, you have **all kinds** of messed up beliefs and think you're mostly 'at fault'; that you are the **problem** (and women are more like saints who are 'out there' because they are the 'prize' to get).

You believe that the skin of women or flaunting is (their) sexual behavior instead of realizing and knowing it's only either acting, choreographed, a business transaction, conformity or simply socio-cultural adaptation. Either way you really value the skin and bodies of 'hot' women.

Your experience shows that obviously you must suck and it's tied to your self-worth so you become more active despite the frustrations of it all.

You can't yet comprehend the sexuality of women is something other than the exploitation of their skin by media architects. It's not in your reality or level of consciousness to even understand that because you're so busy on your ego's need for approval and your selfish desire to fulfill the objectified desires of sex with certain type of socially valued women.

Even average women seem either aloof or 'out of your league' but you still value (the fantasy or idea of) sex.

You have anxiety around most good-looking women, but *not* the ones who are 'fugly' in your mind. You're not a complete 'lost cause' yet in your mind but everything is so much darn WORK just to get anywhere. The numbers you do get mostly flake.

This is the level of consciousness (knowing experience) of most PUAs.

It's very difficult to have a natural sexual connection with women. They always secretly have 'the power' and are 'the prize' whether you want to admit it or not.

You may believe in 'The Game' or the 'Inner and Outer game' paradigm of sexual reality. You wouldn't know that this is at the core of holding you back itself but because of your adamant belief in it as 'reality', you're just blinded to a higher level of sexual reality that does exist (you're just not ready for it at this level).

PUA dogma will keep you perplexed and imprisoned for years in their lower level of sexual consciousness. You're envious of naturals who can just show up and women are interested after you're doing so much work. You have a lot of resentment towards the behavior of women.

You feel you need to get women attracted to you to have some sense of self worth. Even though it's B.S., your behavior is still coming across as needy (even though you'd deny it).

What's predictable is that women largely ignore you or are uninterested which makes you further want to prove your 'worth' so you work harder at it. 'There must be some other trick that does work.'

You wonder if you'll permanently stay in this infinitely confounding reality of having women in front of you yet so far out of your life.

You hate '*having*' to impress them or get through to them somehow and just want to 'BANG some of those hotties'.

If you could be rewarded for all the work you're putting in, that'd be more like it you feel. You set goals and you're doing 'your' part and that women aren't doing theirs, builds up more resentment.

You deal with feelings of unworthiness and don't know how to compare to pretty women who really do have all of this social value (which you think is sexual value). It's like you do have to get 'through' to them somehow because they have this value and that power.

Your lack of success with women has affected your overall demeanor, personal qualities and life itself.

Most of your entire sex life is secretly based in fantasy and other outlets; video games, sports, meeting women in nightclubs, surfing the internet, porn, masturbation after going out, other personal quirky escapes, games, fantasizing, etc. You have to outlet all of this pent up energy in some kind of way.

When you are with a woman you *feel* somewhat secretly 'lucky' and you become too attached and almost 'needy' to this one who is providing good feelings for you.

Instead of being a sexual value giver and 'solid' man to women, you draw energy from them with your lower level of sexual consciousness based in objectified fantasy, selfish desire and overcoming feelings of guilt, approval seeking, and the ego's unworthiness.

Women can tell your energy is 'off' and that you have an agenda; that you're uncomfortable and no matter how much you 'try and work' at attraction, things rarely go anywhere. You want to get to sex fast so you're usually ahead of yourself and she's not at the same level.

Your desire for sex is too forthcoming in a slightly creepy, draining way around women just in your vibe (energy); and without knowing it consciously, turns most women off from following up with you. They can't fully be comfortable around you and you're often too fidgety.

You wouldn't call it creepy though.

Soon enough (often instantly), that scares them away and they can't see you as a lover. Without knowing it you keep that 'seeking & leeching' edge around you when you meet new women.

With all of your work, it's obvious that you really value 'something' and that you want something (although you may put on the act of actively pretending not to want it) but women aren't responding to your desires. Whatever beliefs you have

are at the level of an Un-Natural understanding of reality so things perpetuate at this level of 'work'.

Because you're not at the level of consciousness of a Natural, you feel you're literally forced to trick, manipulate or do all of this extra work just to get anywhere.

And of course you still deal with anxiety but blindly hope it can be overcome with several thousand approaches. It HAS to for all the work you'd put in you hope.

So you're stuck in this cycle of having to keep meeting more women but hardly anything works because you're just not getting attraction. You think the solution (logically) MUST be to keep meeting more women (pushing through the pain) even though it's not already working so you end up doing more of the same.

You even think it is may be the only path. Or along the way you just burn out being too much work and maybe turn to the Passive Un-Natural or Apathetic.

It enviously frustrates you when the types of women you want go with lesser men like jocks, alpha males or bad boys who are hardly doing any work.

You hate rejection but you think you just have to 'fight through it'. It seems more like a 'battle' than a delightful dance of life frolicking with women.

When you are with a woman you usually 'screw it up' and it doesn't go anywhere. When you're 'off' it's difficult to get numbers let alone follow-ups. Sometimes you'll be on a roll on a night out but you rarely rise above this level of reality.

You really have to compromise on quality in order to get anywhere (physically) with a woman it seems because the ones you want are never interested. You may just end up in a relationship settling for less just because you have something to hold onto which you justify (and still fantasize of hotter women of course).

Love and sex will continue to elude you by staying at this level of sexual awareness.

Have you been through this phase before? Are you there now?

Most of the men here don't realize that staying at this level is not going to help them get more success with women; they're valuing the effort they're putting into it even though it's not producing results.

At some point they may finally be open to a different paradigm of reality and that's when they may discover Rion type advice. Otherwise they're usually very adamant in their frame of reality until they discover on their own that all of this just doesn't work. PUAForums if they use them will suck them right back in.

The **ONLY** way they rise above these problems of no attraction and lots of work is to **increase their sexual consciousness** (which includes improving their natural ability to sexually communicate and create chemistry so they can do less work like a natural and have more connection).

They're looking for more answers AT their level of consciousness when the solution is above this level of consciousness and to raise their consciousness entirely or they'll remain here.

Unfortunately because they believe they have to keep working hard (even though they're getting little fruit) or are being fed further dogma by PUA doctrine (which keeps their beliefs, actions and energy at low levels of sexual reality), they may remain here for a LONG time with no resolution insight to the live agony they're suffering through. From this paradigm they can never feel worthy.

The only 'pill' that will actually work is to increase their sexual consciousness to rise above this level of reality. Next is the Un-natural *Passive* experience of sexual reality which is common not just with shy guys but intelligent, mainstream men. See if it's you:

[Un-Natural: Passive]

Instead of approaching women and coping by becoming an Un-natural PUA, 'Gamer', pseu-player, approach-aholic or PUA Forums hound; here you'd tend to be passive and keep women as a separate fantasy. It's usually because you found everything to be un-natural in the first place.

That's WAY too much work and it's not being yourself to fall into the 'active' un-natural trap which hardly gets results and deals with lots of agony anyways. If you've tried the PUA/active way, it just 'wasn't you' and felt way too forced.

Unfortunately you're still un-natural but in a different way; **you escape inside yourself or transmute the pent-up sexual energy in different ways.**

You can have a strong focus on inner game here. You think you just have to **improve yourself or be better in some other area** (like with music, work on your body or a sport) and **that** will be the answer and women will be attracted to you.

The thing is ***your INDIRECT approach to attracting women*** (like starting your own garage band or becoming famous, intelligent or becoming the best in your field) ***is NOT working very well for you after these years, is it?!*** (*I had that in common for a crossover Purgatory/Passive Un-Natural phase that I went through before*).

You may have become an 'inner game' or dating product junkie but you NEVER find a real resolution because you still have all kinds of anxieties, issues, unworthiness and limitations. Some of the information only confuses you more and you try and process it all logically. There's never that big leap.

Your success is tied to your self-worth here with women and attraction because it's an important part of your life balance. Not being successful here sucks. Even though you don't really 'need' women (*although it usually feels like it sexually at least*), you can't truly be 'complete' without this area of life handled.

At the lower ends of Passive, your energy is 'sketchy' at best and is wavering when you're around beautiful women or on a hot date.

You get caught in your head not knowing what to say or how to number close.

You can't see past the next step to do and you blank out on what the next step to do is; so often things just don't progress. And you're an intelligent guy so that frustrates you even more.

You think it has to be something you can say and you want to know what to say to a woman to take things somewhere. When you do remember something catchy to say, then you're stuck in awkward silence afterwards because the conversation still isn't flowing.

On dates, you may end up being the nice guy and not knowing how to create attraction to get physical. You often don't want to risk making a move partly because of fear of rejection. You're often waiting for her to give you signs but *she isn't really helping* so that further stagnates things.

It's frustrating being seen as a 'friend' only. If you're brand new to the Rion's list, you may believe in the courtship approach to dating and end up being a nice guy but it's not getting you anywhere. ***'If she'd just do her part you'd both get to enjoy sex.'***

After studying a lot of dating materials you realized that courtship doesn't work for natural attraction for you but you're still being viewed as a 'nice guy' by women...but that's not it – you still love sex and want it! You want the balance.

You don't want to have to be a jerk just to have a sex life so you outlet in other fantasy ways. Maybe you WERE in Purgatory but after such long dry spells you dropped to here. You don't want it to get any worse.

You had a few sparse successes in the past but it's been so inconsistent that you forgot what it's like to have a woman genuinely or sexually interested in you.

One block may be that you fear not having anything interesting to say once you've started a conversation.

Why is it YOU who has to approach and do all of the 'work' when it doesn't work?! You don't want to keep replaying the torment over and over so you stick to your general policy of passivity around honeys.

Sometimes ***you can get 'excited' very easily*** which is kind of embarrassing and immature but you can't help it (hey - their bodies *DO secretly* turn you on).

You find it hard to 'connect' and feel attraction. You're the one who always has to 'talk' more if you're on a date but she doesn't seem very interested in what you're saying.

So you compensate (if she agrees to see you again) by taking her to an even nicer place (ie. restaurant) to prove to her more of your value but it's like you're money is just going away and you just want more of the balanced in the relationship (at least making out).

You're familiar with the 'friendzone' and it's in your experience to be the guy who gets 'hugged' and who she can cry her shoulder on. ***You don't want to be that guy***; you want the full spectrum of a relationship which includes sex.

You're best at meeting women through friends, events or groups but you still struggle with a lot of anxiety. You can be ok when you are on a date with an average looking girl (who you *aren't* super-interested in) but otherwise struggle to retain natural attraction (unless she's really more interested than you).

You get nervous before you call a girl on the phone (especially if she's real good-looking or could be 'the one') and will pace the floor. The more you build it up in your mind, the more self-conscious you become and the more it's all out of your control and you try to cover it up hoping she won't notice that your voice is wavering. Leaving an answering message feels like she's a judge.

You'll worry about the date and what you'll say to impress her or take things to the next level running scenario gameplans through your mind. When you're with her it won't go as planned, whereas at Purgatory at least things were more hopeful and you could maybe recover. Here it's more like a downward spiral.

You may think that her good impression of you (the façade you try and put on upfront) will be over-run by the *real you* inside - which is someone she may not like. You don't want her to find out so you try to play it cool.

This wasn't as much of an issue when you were at Purgatory but here, your self-worth has been damaged more.

You don't want to risk rejection even if it's just small talk. You also don't seem to know how to keep a conversation going in most approaching situations and may get caught up if it seems to be working..but then you may walk away because you didn't know what else to say or do next.

Still you're very attached to the outcome and care what happens so it hurts you more the times that you do try and connect. You're still in your head a lot. You *over analyze* it because you have plenty of time to let it torment you as you're drawn back into your shell; the current knowing experience of your sexual reality.

Sometimes when things got close but it didn't work out (or after another night of going out and nothing happened) you wondered '**Why even bother (anymore)?!**' It's too difficult and ridiculous, with an attitude of resentment. You've had your share of vented frustration towards them and just wanted to '***forget them***' (but *really couldn't in the big picture could ya?;*) – So then you put **more** passion into your other hobbies.

All kinds of opportunities have passed you by (it feels like millions) because you rarely ever do anything and it further torments inside of you because you're the one knowing your pain (+ "***I'm*** supposed to take all the risk of rejection when she won't show me any signs?!") and it lowers your sexual and self-esteem. You often feel unworthy, especially of the hotter women.

All kinds of hotties out there that you're not partaking in relationships at all with...just in their own little worlds (and often tight clothing). And you're 'in here' so you **MUST** be the problem you think. It's that inner game thing again which **you just want fixed.** (*by the way we do have a fix for all this @ the end..!*).

You try to disconnect from this pain by justifying everything you can and slipping ***more into your own fantasy world or improving yourself in different ways***. It seems difficult to ever find a resolution but you still value women, sex and relationships in this very important area of life. You want the cure.

Mental 'fixes' have never worked for your sexual anxieties and frustrations. When it comes to women you may think that you are your own worst enemy.

Turning on their 'hot buttons' naturally seems too far out of your reality and after so much failure you stop trying and generally retain your strategy of passivity and keeping to yourself (instead of frolicking involvement with women).

Additional experiences at this level of reality:

Why can't they just WANT you so it'd all be easier?

You don't want it to be based on 'luck' or just seen as a nice guy.

Being successful in another area makes this all the more frustrating.

Keep in mind that these examples represent the *general types of experiences indicative at this level* of reality; it may not represent ALL of the things you're going through.

So are you in THIS reality of experience with women? Around it? Hitting close to home?

Slightly better is the next level which is 'Purgatory' but you could be there too for a LOOOONNNGGGG time unless you know how to directly and progressively increase your sexual consciousness to escape all of this sexual torment & self-imprisonment.

[Purgatory]

You're not near the level of natural here yet and may still be envious of them but at least you're at a somewhat more 'comfortable' level of subjective experience with women and sexual attraction.

This is that general male 'middle ground' which at times still seems like 'no man's land'. It also represents a bridge between the fantasy and reality of sex because it's a bit of both (usually more fantasy unless you're dating steadily or have a gf).

You've had intermittent dates and relationships in the past so you have something to fall back on but there are some things which you aren't sure of yet that are holding you back and oppressing you. You may have even had a really good phase when you were younger and knew less than you do now.

It's not as bad here as being stuck in an Un-natural experience of sexual reality because at least you have SOME results and satisfaction (as well as the women you're dating) but it's unpredictable and inconsistent.

You can get dates here and there if you really work at it (best through social circles). However, the women you're with usually aren't at the level of looks that you really desire or think you deserve. You want more and you want to be that better man but often question yourself.

You treat some women different and special, doing additional things for them (gifts, attention..) because they're prettier and more of what you desire but it ends up turning them off and you often end up in the friend-zone or alone.

You may have good-looking girl-*friends* where things didn't get sexual but you still wanted more with them. You don't want to feel ashamed of your sexuality, you value it and want more. You're not fully sure how to express this especially around women who are icier or closed off and not showing you signs.

Your experiences are often half-ass attraction or intermittent so you're caught between the fantasy and reality of relationships, love and sex with women; having a bit of both.

With new women, your mind will still mess things up and replay things afterwards to keep haunting you of what you should have done or said right and THEN she'd be with you.

Usually when you have success it's when you weren't trying to get it or she was interested and things just 'worked out'.

Women still flake a bit and it still boggles you why sometimes ("Hmm...I thought *she* was into me"). You're a pretty good 'catch' with a lot to offer in a relationship.

You tried to 'fix' your limitations and anxieties logically but that didn't have much direct effect. Personal confidence helps a little to cross over but there's something that's still missing.

You may believe in the 'inner game' paradigm of sexual reality. This is also holding you back, but at this level you don't realize it yet unless you've read some of Rion materials, (in which case it hasn't really sunk in beyond the intellect).

You don't want to have to be a jerk just because it seems they get with women more. You still have this 'cloud' of confusion about women and their behavior.

You know *personally* you're worthy and have attributes that women say they want but *it doesn't cross over into the sexual arena of attraction* and dating and it confuses you.

You don't fully feel that you're worth the higher quality women...you *WANT* to feel it but you can't really 'connect' with the feeling and 'knowing' that you are worthy of the more gorgeous ones like models and actresses.

You like it when things 'just work out' and when they're interested, you just want prettier women to be interested and attracted so you don't have to work as hard; that in turn will help you to feel better and more confident around them you figure.

If they could just show interest instead of having all of this pressure on you, you don't think you'd be as intimidated or have as much anxiety.

But when you're around those types of hotter women (or women who look like them), they know it too and remain just beyond your reach; your energy still fully isn't under your control and you get those butterflies.

You try and blame it on being in the 'excitement of the moment'/her beauty but you know you weren't *really* grounded.

You may even believe that this anxiety or 'feeling of excitement' is a natural or normal thing and that 'all men' must go through it. Maybe you've tried to seek further validation of this on some forums.

When you're *not* around the women you intellectually/personally (the one) or sexually desire, you don't really have any anxiety but when one is near, your energy changes because you can't deny you 'value' that. Your energy is still beyond your control and your inner game can't help it.

Less good-looking women that aren't the level you're really interested in or your 'type' will give you signs of attraction (and it helps to feed your sharded ego); but you rarely see signs of interest from the women you *really* would like.

When you do see what you thought might have could have just maybe been a sign..it was too late and you wouldn't have known what you would have done anyways because you were still questioning whether her sign of interest really was a sign *strong enough* or not.

That frustrates you that they're not giving you many signs so most of the time you may draw further into yourself (or settle for less) instead of taking the risk of approaching and getting rejected.

You enjoy the eye candy of women dressing up but it's still mostly a fantasy for you instead of a connection with them. A lot of your interactions don't go anywhere but you can always default to the women you don't really want.

You can't seem to attract a love into your life on the level you desire ('the one') no matter what you've done and you honestly can't figure out why. You broke it off with some of your X's who you had good relations with but they weren't at the level you truly desired.

(Remember these are experiences generally indicative of this level of sexual reality with yourself and women...they may not 'all' be your personal ones)

You've been stuck in this purgatory experience of limited success and less than you deserve for a LONG time and it seems difficult to step out of it.

You're far better off than being un-natural because you can still get dates once in a while and you're not 'as' worried about your overall love life but still you want more.

You're fed both by pull of desire for sex, a reality without anxiety and more natural attraction and dates with prettier women but also by staying away from the pain of being at lower levels of experience with more personal and sexual anxiety, loneliness and frustration.

Even though you know it's possible to become that more confident, alpha 'you', nothing has really worked so far.

Even though it's more comfortable here 'in the (lower) middle' than other lower levels of experience, it's actually quite **un**comfortable because there are still all kinds of resolutions, compromise, limitations and settling for less.

You'd love to have that liberty to date the women you really want and be free of your remaining confusion and anxieties. That would really help your overall confidence and positively affect every area of your life.

If you improve your sexual consciousness and keep gaining some experience with women you would reach a reality of less anxiety and more consistency with attraction as you step into Pre-Natural.

[Pre-Natural]

If you're here, you're not quite natural, and it's not likely you'll reach it either unless you really put time into increasing your physical experience dating with women OR increase your sexual consciousness directly.

You just have the final limitations of the mind in your way holding back from being truly in touch with your true sexual nature and inheritance.

Still, you have a lot going for you including experience and general comfort and knowing what to do with women (on the sexual attraction and physical escalation/chemistry level), but something is still holding you back from the higher levels.

By this point you start realizing that it might actually be your mind and the ego that is holding you back instead of helping you. You realize that inner game may not actually be the solution because your sexual identity is something greater and more powerful (as well as relevant to sexual attraction than your ego). Still, you aren't at that *full* level of sexual confidence yet.

You do have some anxiety sometimes around the higher quality women in certain situations (like a cold approach, when they're really dressed up or when you catch yourself questioning whether you should approach that one and get caught up in your head too much).

You know that anxiety is still there but you may try to justify it as 'normal' for other men as well. You don't know how to really resolve it though.

You *are* more pro-active here and **you have a single dating lifestyle going on** but your mind may still get in the way and stop you. Women are interested but you still wonder why they don't always show signs.

You generally know you're a **good catch** but things aren't as consistent as you want. Usually you don't let it bother you and you'll still meet or date (new) women but it's still annoying that they don't always give you those signs because

it means that you may have to cold approach again (which you can do but you may have to risk rejection and deal with it again).

As you get closer to a natural level of experience with women itself, you find your own ways from experience of just coping with rejection.

You still have what you deem a solid 'weakness' or feeling of incompetence in at least one area (ie. cold approaching, hosting house parties, being with more than 1 woman at the same time, justifying why you don't meet women in a certain place, meeting women in daytime, the loudness of niteclubs, etc.).

When you meet prettier women socially or through friends you're fine and PREFER talking to the better-looking, interesting, dynamic women; but it's whatever your area of weakness is that you have to work on. You still have some unanswered questions about the behavior of women.

Experience has taught you the most and you have other guy friends who are pretty good with women too but not everything is quite clear yet.

You tend to beat yourself up afterwards (just for a short time) if things don't work out as planned but then you let it go. Although you still hold out for the ideal, you don't get too hung up on the concept of 'the one' at least when you're actively dating. You have better control over your energy and vibe than un-natural men.

Once you're on a date or with a woman you're usually good, get follow-ups (and generally get physical) but may still have some issues cold approaching or in the area/s that aren't strengths for you.

Women usually enjoy your company especially after they know you more. The physical is almost always a part of the relationship for her and you once you're off to a good start and she's interested/attracted.

You don't have to become a super player or natural as you're doing fine. You can get new good-looking girlfriends and even choose a long-term option, but it'd be nice to get these other issues finally resolved that you're dealing with and to step into liberty and choice with even higher quality women.

Sometimes you may find yourself giving great-looking women a little too much credit or value in your non-verbal or verbal communication and the balance of the relationship power goes slightly in their favor and you try to learn from it.

Sometimes you'll even correct yourself during a conversation with her to re-balance that power intuitively. Generally you're pretty smooth when you're 'in the zone' and things work though..meeting them is usually more of the challenge.

Being above average and experienced with women, other men are envious of you. You still have some limitations in your experience and would ideally like to have zero anxiety and perfect comfort *everywhere*; a higher reality as a natural (with the options of higher quality, even 'sexier' women).

You're a go-getter in life and it'd be awesome to have this area at the level you are in other areas of your life.

Even in a relationship that would give you peace of mind (knowing that your energy is taken care of, hot women want you and you can always get new dates..it's really a great peace of mind to know that).

It would also give you more freedom so you don't have to be concerned with this area as much and can enjoy it while focusing on other pursuits of full empowerment.

If you want to take it to the next level (if for no other reason to feel LIBERATED), you'd do best to find a way to accelerate the process directly by increasing your level of sexual consciousness.

You already have enough experience with women, you're just missing that something else which is higher 'knowing' of the truth of sexuality + a little more experience and you'll be that powerful, confident man: a natural, wanted by women and respected by men. That reality boosting information is **here**.

I'm going to dive deeper into the next, final two but use it as an opportunity to sense what it would be like subjectively at that level. Reading alone will start taking you into a higher consciousness.

[Natural]

Congratulations! You're a rare modern male especially if you're a good quality catch. Women will know within seconds of interacting with you that they'll have the 'in the bedroom' part taken care of with you.

[That is value to them which the chattering (active) or passive insecure, unnatural guy can't offer so they can't trust or open up to him; it's just not natural.]

Chances are you either retained being a natural by not being influenced by mainstream ideologies and belief systems (maps) of sexuality or you fell from the grace of your inherent natural capability to attract women by being influenced by that lower consciousness; and somehow you made it back up to the level of natural (either with a lot of pro-active dating 'trial and error', friends who are naturals or you're headed there next with your own sexual awakening).

At this level you've reached a point of basically **zero anxiety** not only around women but around all people any and everywhere that you go. You don't have the issues that all men at lower levels of sexual consciousness have with themselves and with women.

A lot of naturals just never fell into the trap of social influence which took them out of their inherent understanding of sexual reality (you know the 'jerks, bad boys, outcasts').

It's rare to become natural again if you've fallen below it because too much of your emotional, sexual and mental energy is believing and associated to the lies and fabrications of sexuality that exist out there in media and society at the lower levels of sexual consciousness.

That's why a lot of educated, mainstream Western men are just **not** this anymore but the effect of their experience; the symptoms of their lower consciousness is what they feel and know.

As a Natural, people even look to you first to resolve danger situations and you may even find yourself getting physical with men (putting them into place) simply on instinct. Getting physical with women happens naturally without thinking.

It is a priceless level of reality because you know you can always meet new women and have success (and peace of mind) anywhere in the world. You know you are worthy even when you aren't with women and you just don't suffer from all of the torments of being at a lower level of reality.

You know you're worthy not just personally but in your sexual identity. You're a solid man and you have no regrets because you're only about win/win relationships.

You're not held back in this area because the women in your life seem fulfilled too and you can pursue other passions.

You know and believe in the (primal) physicality of sex and the process of natural attraction as a consenting adult (and that women undeniably love it too – at least as much as men).

Your understanding of the physicality of sex and the process of consenting sex is very strong.

So strong in fact, there is no way it's politically correct. And it doesn't have to be as long as you keep it within consenting relationships.

The power of nature isn't political; you have a different understanding that is unhindered and quite 'edgy' for many in society to comprehend logically. But that power attracts women and creates new life.

You know that even though not every woman would work out, your love life is nothing to ever worry about because you just have to meet new women. They almost always love the consenting sex (for those that are in relations with you).

You're not thrown off by the ones who 'aren't ready' at this time. Usually you just do whatever you please.

You don't take rejection personally. You don't keep holding onto the women that other men used to hold onto or keep being a leech with; it doesn't make sense to you.

Once initial sex is out of the way you generally have even *more* power in a relationship and how others can supplicate to a woman they haven't got physical with just ***doesn't compute*** for you.

If you're in a dry spell it's only because you chose to focus on a business project or other area for a while. You have the capability at ANY time with some (usually enjoyable) effort to get new numbers, meet new women and set up dates again.

Sure it'll take 'some' effort to get the ball rolling again even at your level (in most Western countries and less to no effort elsewhere) but literally all you have to do is 'show up' and just focus on logistics because women are almost ALWAYS interested in you (even ones with husbands or boyfriends – at least in their physical response to you).

You believe in abundance. Truly. It takes a very dynamic woman to keep and retain your interest because you just have a lot of sexual choice and variety. This actually works in your favor for a long-term relationship in that a woman is more likely to want to be with you keeping your attention instead of being bored or seeking elsewhere.

You're an expert at reading body language (even from a good distance) and you know the eat-you-alive '3 second it's already on look' as well as when women want you to approach.

You're fluent in body language.

This saves a lot of hassle anyways because they're not only telling you they're interested, you get it far more of the time than men at lesser levels of consciousness who are clueless.

Women don't often flake (assuming you're single and active dating) because they take you more seriously and you have natural value for them beyond just your 'personal' identity and your hobbies, interests and personality.

In a relationship, a woman wants to hold onto you also because she knows you're wanted by other women; this helps keep more of a natural balance between you and her that makes things work.

You CAN bring a lot of drama but you try to avoid it.

You understand the power of touching, kissing and know how to do things appropriately and naturally that test her and progress the relationship physically in a short term; whereas other men would be still at the starting gate on date 8.

Because you almost always have attraction from the single women you're starting to see, your main concern is actually just **facilitating logistics**.

It's not something that men at lower levels of consciousness would understand; that you literally just have to set up times, dates and places for meet-ups or house parties (and the discreet fun just tends to happen) because the sexual attraction and interest is already there.

While other men are sweating bullets and can't keep it together tormenting themselves on a mental rewind loop or even how to say 'hi'; your main worry is about what flavor juice to add to your vodka mixer, what brand of chips you're going to get and what movie you're going to rent for yourself afterwards.

You also understand that the capability (golden-egg laying goose) to meet new women is more important than any single woman (golden egg) until she proves herself in a relationship further down the road with you.

If a new woman doesn't call you back, you don't really care. You don't need it or her. Why *would* you even care unless she's doing the things to be with you physically so you can both come closer together? That's what you value.

You'll put the ball in her court but you do it in a way that is minimal on your part, with strong attraction and that which is doing the right thing to bridge the relationship to the next level; you DON'T keep pestering her. You give her the freedom and opportunity to have fun with you.

You never give them more 'added value' other than just enough to set up logistics to be together physically and get to discover each other in person. You don't talk long on the phone; it's a tool for getting her in person.

You're absolutely never worried about 'what to say' and that includes when meeting new women. You know that even being in your head like that or thinking about it will take you down the wrong road away from what you're best at: truly being in the moment and saying whatever you feel like. You're very present and in the now.

You're more likely to be funny and goofy, saying whatever you want than to be having a non-stop intelligent conversation. You know how to balance the conversation out if it starts getting too intellectual.

This is all just intuitive to you. If an Un-Natural tried to be conscious or memorize all these things you know he'd screw it up. You've seen it happen. He can't handle it yet until he gets at higher sexual consciousness and a stronger frame of reality.

There are no nervous tics or anything to hide around women; you can fully be 'with' them in the moment (instead of full of anxiety because she's a 'fantasy') and it communicates a lot of power because you don't have the issues lesser conscious men have of having their energy or ego get in the way.

It's absurd to you that other men say that anxiety is normal or expected (and then make up ridiculous justifications). ***Obviously they don't get it.***

You never use pick-up lines and never have to. You can use an anti-pick-up line and it'll be effective. You've talked about the weather and turned girls on.

You are completely indifferent to the outcome and if a woman says something negative you don't let it affect you.

You always just say what's in the moment and you can be very direct if you want without much risk because you know you can only form new relationships and have nothing to lose.

You have the formula to infinitely keep meeting new women because your state is never thrown off by them and you're independent from the outcome; you'd like to share fun with them but don't ever need it.

In a way your power is a danger to society so you are also careful to prevent any baby mama drama from happening; that isn't your intention and you play it safe and respectfully.

But you do rest in the knowledge that when you do settle down, you don't have to worry about the attraction. Just like there are some women that are 'popular' and wanted by all kinds of men, you are a rare, balanced man that is wanted by all kinds of women.

You are ruled by intuition and instinct by being in touch with your nature. Reading pick-up artist information will actually downgrade your natural abilities and get you 'thinking' too much. Absolutely NONE of it is necessary whatsoever (at this level).

Besides you don't need any of that because you believe in the power of nature and you are very connected to it. You see past any social status or display of female behavior to her natural, sexual truth.

Nothing phases you whereas lesser (conscious) men are completely intimidated or thrown off. Sometimes women will kiss you within seconds or minutes (and they love it).

You know and believe the attraction process is natural and not a personal thing. You are unabashedly a man, and a man's man. Even though the media has made up ***all kinds of B.S.*** at this level you don't fall into that propaganda.

If anything all the 'skin' they're selling makes it more of a man's world in your eyes.

You aren't afraid to put a woman or another man into their place firmly if they are out of line. Not everyone likes you and they don't have to.

You don't mind taking risks because you're independent or indifferent to the outcome. If a woman rejects you, it doesn't affect you and you sustain your state (without techniques). You are nothing like a pick-up artist boychild in behavior.

Women are comfortable yet feel sexual tension and chemistry around you. They trust your energy (as a protector) but are turned on by it. Less conscious men don't understand the paradoxes of the way of nature or they try to understand it 'logically' instead of 'knowing it' in their body and sexual energy like you do.

You don't care about having to impress women and you don't have awkward silences. Women actually try to impress you and qualify themselves to you.

You have seen women who looked like they had it all together on the outside who actively intimidate other men, then turn into nervous or giggling wrecks around you just from your solid, unwavering presence.

Many women experience the 'good nervous' and you know that nature is in alignment. Lesser conscious men don't know what this is like because they're often nervous themselves and make the women the wrong kind of nervous/creeped around them.

In 3 seconds you say more from your body language and eye contact to women without a single word or even thought than a man in Purgatory could say in 3 dates. You're already that far ahead before it even started because you're always like this. Lesser conscious men just don't get it because this is how it is.

You can usually see female signs of attraction, even the subtle ones ***clear as day*** and you love that about them. You know when they're definitely interested in you and when they're somewhat interested in you before you've even approached.

You don't need to learn any 'sex tricks' or 'eye contact pointers' because you just ARE the epitome (of mankind in relation to womankind); everything just works.

You don't mind doing cold approaches when you feel like it. You don't have any trouble striking up a conversation with women or a complete stranger.

You lead relationships. You're solid before, during and after meeting any woman so you never have to worry about it. That's also why they trust and open up to you when they won't for others. You're a MASTER of framing relationships.

Female intuition works in your favor and against the favor of less conscious men.

You know you're wanted and valued for more than your intellect. Sometimes a woman might have a last fling with you before they end up committing to a fiancé.

It's fun and funny to see the wide variety of responses women have around you just by showing up. *(There's a 1000 other things I could say here but won't)*

Literally women just have to be around you and they start giggling, laughing, talking louder to their girlfriends, lightly touching you or any other number of signs that you **don't** have to try and coerce.

You value this more than sexploitation or flaunting (valued by less conscious men) because you know this leads to physical relationships (which you value more than fantasy).

Men at lower levels of consciousness just don't get it or value it enough to realize the **reality of sexual attraction yet.**

You know on a deep level the difference between fantasy sex (being manipulated by society) and what leads to natural, consenting physical sex. You understand the way of natural attraction and it's unfiltered power.

Less conscious men don't understand that difference between fantasy and physical sexual attraction on a cellular level yet. They will continue attracting fantasy until they do.

Women can't help but be turned on to you even when you're doing nothing. Often their hands will get sweaty (and you can imagine what other parts..elbows?) just being near your energy. And women LOVE that about you; how you naturally make them feel beyond the pressures and conformity that they have to deal with.

You don't have to manipulate, trick or coerce women ever and you don't. All you have to do is know how to take things to the next level to 'facilitate' things (for those women to enjoy a great, consenting time or relationship as well); which comes naturally.

You don't screw things up anymore, you just literally have to show up. Sometimes you'll slightly regret an SMS text you made that could have been a little better because you acted in the moment, but you'll just let it go after 4 seconds and not care either way; you've already done the right things and set the frame, just by being this strong in your belief of sexual reality (consciousness).

You have a perfect ability to truly let women go in your energy and not 'need' them. You've actually seen crazy things happen just by clearing your energy and then women will come back once you've truly let them go (like texting you 2 minutes later).

Some lesser (conscious) men would keep holding and praying that she'd call back and even the small details they're giving in their communication to her shows that he *isn't* going to be her lover.

It's easy for you to see the small and major mistakes men are making at any phase of a relationship that they are CLUELESS about and you can accurately predict how a woman will respond.

You love and enjoy (consenting) sex but you don't need it.

Even without sex, you just don't have any issues in this area and have a lot of power and influence. (Mostly we're talking about being single and 'dating' here though).

Often you have to put your personal traits aside or downplay them just so there can be more of that natural chemistry with women.

You know and *believe that good girls want to* (and have to) *have fun too* and you make it discreetly safe for them. You just don't have any blocks about the physical including any religious, personal or societal issues that stand in the way because you value the connection that's good for both of you.

If you're a more educated or intelligent natural (which is rare in the West now), women are really interested in you for long-term relationships so sometimes you have the 'problem' of women holding off on a physical relationship because she wants to be with you longer.

You may have to let some of those girls go when you only want short-term relationships because there are other women competing for you anyways who are more in a casual, fun frame.

You enjoy these privileges with women and they love the fun of it too. They want to be caught up in the feelings that you can provide.

If you want a long-term relationship, you have choice because women are in competition for you; and you know and accept that this is the 'way it just is'.

The problem is that some women just want to use you for fun/sex so you have to bring in some of your other traits if you want to have a more committed relationship.

Since the sex part is always there, you can improve yourself in other areas and as a byproduct women can get more value in a relationship with you.

You know how fun it is going out with two great-looking women on the same date. (*We'll just stop right there*).

You always know the right things to say and do around women to potentially take things to the next level, INTUITIVELY.

You're actually *less picky* than you were at a lower level of consciousness (because of your general physical values) but you still have choice with high quality single women who want to have fun too.

Being a balanced man, if you're at a natural level of sexual consciousness, you can have it all. A lot of the naturals (blue collar, bad boys, jerks, mainstream outcasts, ruff'n tumblers) aren't very educated or high value on the personal, ego level but *if you are*, you become that man that women are in competition for.

Ok..

I could go on and on as there are a LOT of things commonalities at the level of men who are this sexually conscious and 'knowing'. (I spared an infinity of explicit or physical 'details' which can really get extreme; literally a million different details that true Naturals with experience *know* that other men of lesser sexual consciousness have no clue about).

Keep in mind that this was a focus on the **SINGLE and active** Natural (alpha) male. Yeah, that guy and his level of experience of reality.

We're NOT talking about a mainstream 'goodness' of long-term relationships here, nor the political corrected-ness of what women 'say' they want on a talk show.

Literally he *is* the man in the romance novels that women dream of being swept away by and then 'taming' because he has those strong, earthy, masculine, unapologetic attributes which can't be 'acted'. But he does not have to be a cliché bad boy or jerk.

Yes he kind of would have to be 'tamed' for a longer term relationship because of his wandering eye; but it would take a special woman to be able to do that or intake all of his abundant sexual libido and mojo.

It's not politically correct, but yes he enjoys consenting, safe sex and so do the women or the woman he is in a relationship with. He loves the physicality of it (and so would she).

Often a natural often has a different level of problem; one being that he *does* have a wandering eye so it's more difficult for him to 'commit' to a single woman unless he's ready for a major lifestyle change. There are men at this level of course who are 1 women men though.

So the above subjective, conscious experience of a natural represents some of the level of reality and knowing of a Natural not just logically but in all aspects; physically, emotionally and sexually. It is what it is.

Where he's in his element without thinking, other men would turn to complete nervous mush. That can be around the SAME woman and it's all about HIS 'knowing' of sexual reality and attraction.

The difference within the first 3 seconds starts a causal path where a woman is 50x more likely to go with him than an Apathetic guy right off of the bat. Extrapolate that out. One has awareness of the truth of sexuality and lives it, the other has ignorance and suffers.

A Natural loves women (mostly physically) and women love him despite what they may say logically or politically. He has a lot of secrets and whirlwind stories that would turn lesser conscious men green with envy.

A Natural (alpha) male's beliefs are very conscious of the physical truth of sexuality and not marred by the weakness of social or ego corruption of sexuality.

Yet despite all this; the 'natural' is **still mostly self-centric** but has his thinking mind out of the way to allow nature to facilitate beyond the personality or cultural level; very in touch with his body and the connection between a woman naturally. At this level if she's up for it, he usually just has to think about facilitating logistics (or where their honeymoon is going to be).

He's sexually confident and connects with women non-verbally with comfort in his own skin. With strong presence and the ability not to be thrown off around the energy of a powerful woman, he clearly stands out especially in modern age.

But the natural, he is in it for himself. And although he may help 'hook up' some of his friends once in a while, he's not at the higher level of the 'Awakened Natural'.

He'll give women a good time or a great, balanced relationship (with hot sex) but it doesn't extend beyond the 'self' or the interpersonal.

Very few will transcend this level and many thought it was the peak.

Again, it's very difficult to become natural once you've slipped away from it. Few mainstream men who fell into lower consciousness will come back to this level.

It's important to note that if you're a great catch that you don't have to become a full on Natural with women because it may not be your priority to be actively dating multiple women.

But maybe you're at least interested in a few elements at that level of capable consciousness (or near it) like; choice with women, zero anxiety, being able to talk to the most beautiful women, get dates anytime you want, always know what to do, focus on YOUR life in other areas and have attractive, desirable women wanting to see you as normal, etc.

In life, it's definitely not 'all' about sex, even for most naturals. It's really about your subjective experience of life; your consciousness in all areas including your pursuits, career, hobbies, causes, entertainment, etc. Women are just a great part of that balance and with someone you can share a mutual relationship with but without 'needing' them.

But being at a higher level of consciousness gives you that kind of liberty and abundance so that at least you're not SUFFERING unnaturally from lack and torment and 'what could be'. Even if you're saving 'it' for marriage, there are many things you can do to fix your energy and inner game issues solidly.

Oh and besides you can't put a price on having a beautiful woman who could be 'the one' priceless in your arms and with you (and your energy) for YOU and not for your money or social status. That alone is worth it all wouldn't you think?

With the 5 steps coming up you'll be able to get on the direct path to that same, higher and universal level of sexual knowing (the only thing that matters) with women. Sound good? But before we get there...

Guess what?

Yes! *there is a level beyond Natural with women.*

Natural was being in alignment with the **physical** reality of sexual attraction (not thrown off by fantasy like lower levels of sexually conscious men). It had strong physical values.

The next level (which I call the 'Awakened Natural') goes beyond the physicality of sex and sexual attraction (even with its great chemistry) and into more powerful realm of yin/yang masculine/feminine polarity itself.

I'm going to give you a taste of this so you can start to see how viscerally different just the BELIEF system is between an Awakened Natural and ie. a man in Purgatory.

This *may* start to get way above your head for now especially if you're not ready to move on or want to stay at the current level you're at. Either way, understanding it logically is one thing but 'knowing' and living it in your sexual energy makes all the difference in the world.

This level of reality would be the envy of most bachelors, but actually being there is a different understanding of it than they thought it was from the filter of their lower levels of sexual awareness that lived vicariously through the dream of it ('cool', 'rico suave', 007 like, or *only* about physical sex).

To give you a taste of this (if you have your own sexual awakening and reach this level);

At this level you will have no issues with women, only infinite abundance.

Well, the only issues you would have would be in sustaining a regular, normal relationship (there's almost always compromise and drama anyways)! Otherwise your level of attraction is literally super-human. Women can't help but melt around you the closer or longer they're with you (especially alone).

There is no porn addiction at this level. That would be impossible. You can melt the iciest woman permanently within 1 minute of direct eye contact.

Anxiety can also not exist here because you know and feel too much natural power. You are too connected to the raw power and truth of sexuality and sexual energy of the masculine and feminine.

You will also understand a reality far beyond your area code. It is the higher sexual consciousness that has cured you of your previous issues which were only

at lower levels of knowing of the truth and power of sexuality and channeling it through you.

So if you value getting this area handled, you might want to take this seriously because the only *real* solution is experiencing and knowing a higher sexual consciousness and truth.

The 5 steps will help you because they are coming from THIS level of higher, sexual consciousness. Sexual Awakening connects you directly to this level of power.

It takes that kind of power and leverage to get you out of a lesser knowing. It alone has the power to cure all of your issues no matter how bad you think they are (because it's only your level of subjectivity anyways).

If it's too dense or too long for you or you just want to get to the next level, then maybe skip this chapter for now because I'm going to tell you some of what it's like as well as discreetly referencing 'results'..this way you can start to maybe see yourself 'thinking' and 'living' in that type of reality subjectively instead of it being out of touch.

We'll continue afterwards with 5 steps you can take to start directly changing your experience of sexual reality with yourself and women.

By starting your sexual awakening you will progressively eliminate anxiety and issues associated to the level of reality you're at with women.

There's nothing else you have to do other than meet new women to further integrate the higher levels of reality once you're on the sexual awakening path.

Its power is far greater than any level of porn addiction, ego or social media corruption and it is already waiting for you to step back into your rightful place.

So let's dive into the highest general level of sexual reality for a single man next.

[Awakened Natural]

The Awakened Natural is more about the energy of polarity and connecting on all levels with a woman, beyond just the physical or the 'self'. He is not 'only' about sex, nor necessarily just about a long-term relationship if he's single.

His understanding of sexuality is so powerful and inspired that it cannot be contained within a single relationship unless he transmutes it into his creative work or in relation to a very conscious and dynamic, awakened woman.

This level of sexual conscious 'knowing experience' is beyond natural because it is beyond an understanding of the selfish desire for physical sexual fulfillment.

He is not weak. He is sexually valued and loved by women. Here, you're connected to a higher cause and knowing of sexuality and its greater, quantum implications based on the sexual attraction force of polarity and its place in the world.

Your sexual identity itself would be connected to the spirituality and egoless quantum nature of yang sexual energy and the power/force of heterosexual polarity and attraction which creates and propagates all life itself. If you can't comprehend this yet, don't worry (you're just not at this kind of level yet).

You would have a very strong energy relationship (yang/masculine) in relation to the energy of all women and you'd value empowering and giving more of that energy to awaken women in different ways.

Your mind does not limit you and you channel greater sexual power. If you're single, you could enjoy a legendary (discreet) renaissance of wine, women and song that would truly rival Casanova; all in the higher, involved respect and consent of women of course...really at an enlightened level that the women themselves know is real and can't be quantified logically.

As you're both very grounded to the earth and yet have higher spiritual energy in your upper half of the body, you have more power and influence on levels far beyond the mind or personal desire.

You can talk to any woman you please. You can also make just about any woman smile but you don't need her approval.

Women cannot help but showing signs of attraction around you; it's beyond their logic and they love it because you are more connected to the universality of sexual energy and female behavior; the balance of life rather than a specific woman yet on the personal (inner) level.

You allow women to transcend their own social and personal identity and connect with the higher goddess that is within them. This is a priceless and rare power because the experience of it for you and women is very real (and can happen very fast).

If they are single and spend enough time around you, they will near inevitably get physical and you're not even focused on that all of the time.

Because you are connected on a higher level to the sexual truth and identity of women, you affect them beyond social or mental levels but always, always from a place of higher respect and making it safe for them to be liberated in that way. You never talk about a woman behind her back or ever have to brag.

You are their liberator, not just physically but emotionally, sexually and spiritually. Your level of 'knowing' and congruent reality just represents this and women respond accordingly.

You are their greatest personal hero and you actually have to hold back on the amount of power that you have to share with women because they may likely fall too hard in love with you.

If you've recently arrived at this level of reality, you're saving that level of open power for the highest quality women in the world who you're yet to meet; the prettiest ones who would have been 'out of your league' before.

Now you are **above** them in value because you have the power to liberate them far beyond the social level of value they have for their physical 'beauty'. The universal truth of polarity trumps any social contrivance or definition of 'sexy'.

Unlike lower levels of conscious men, you understand sex on greater levels than the social manipulation of 'beauty' and 'skin' by society to influence other men into fantasy consumer socio-economic relationships and anxiety around real women. You have a far higher understanding of the truth and power that you hold on the real sexual level.

You understand sex and sexual energy on all levels; greater than the illusions and power of pornography and exploitation. You believe and know it is non-truth.

You are connected and knowing to the profound truth of the spirituality and the physicality of sex; free from all social and ego filtering or manipulation. It is something sacred and to be shared with women.

Because of this higher knowing, you are far above the ego and thus worthy of the highest quality of women in the world. You don't suffer from the experiences of men stuck in Purgatory or lower levels for you are in the top .01% of men in history.

You see the beauty in all women. You start to see how connected they are, how the same they all are, how beautiful they are even if their looks aren't the greatest.

You start seeing and knowing they are the equal and opposite to you on a sexual and spiritual level that can't be comprehended by lower levels of consciousness. You connect with women the same no matter their language.

You see women 'as they are' in their feminine radiance and the profound truth of it in context to your masculine truth and power.

Women will do things physically with you that they wouldn't with lesser (conscious) men; creative things as they become awakened on all levels by you.

When there are several women in the same environment with you, fun and amazing things happen that other men wouldn't believe are possible.

You are beyond worthy and it's on a cellular level. You are worthy of the most beautiful women in the world and you breathe it. You can change a woman's life by looking into her eyes under the right dynamics.

And that means x10,000,000 other women because you have that empowered of yang energy and connection of polarity to the ultimate female yin energy. You are connected to polarity itself, far beyond your own definition of self.

Again this is something that can't be understood even by most Naturals but is the power that already cured you from being at the issues of lower consciousness; anxiety, intimidation, unworthiness, depression or whatever else they're going through.

You really had to value something more to reach this level though.

When women know an idea of how much sexual value and power you have (not just physically in bed), they don't want to let go of you. Some will do all kinds of things to hold onto you.

Only the prettiest, desired or most dynamically empowered women in the world can actually be on your level of 'match' if you were fully open with your level of consciousness and energy.

Women are your lovers, confidantes, goddesses, inspiration and more but without cliché or stereotype like that of a Casanova or an actor. Anywhere you go, you connect with women in your energy.

You know that you *could* be in a relationship with a million different women at any time, not because of your personal value but because of your higher sexual value you're representing far beyond your ego-based self.

It is simply your level of 'knowing' and that you have the power and favor to liberate them; far beyond the pettiness of subjective torment other men at lower levels of sexual consciousness are suffering through.

You're not thrown off by any lower level acting or behavior of women because it is you who can awaken them to the higher level you are at in polarity. That

means you're unwavering around the most beautiful or socially valued women no matter what they're wearing.

Zero pick up artists will achieve this level *because* they are far down the scale of sexual consciousness based on need, approval, desire, insecurity and the ego.

Any man would only reach this level by evolving and transforming his experience and knowing of 'what is sexuality' and the level at which he knows. He would have to have access to far higher understanding of uncluttered sexual energy and power yet would reap benefits most men only dream of; in many ways.

It is no shortcut to achieve or experience this level of reality because he truly has to love women in order for them to know that he is for real and only operating out of genuine respect and higher truth.

For that, millions of women want to be with a man like that and will open their hearts and more to that level of masculine truth and power. They also know it is in demand and very rare.

This level cannot be achieved with mainstream, lower conscious program; nothing close to it.

Ok so those were the different levels of subjective sexual experience of reality

that you could have as a modern, Western single male.

***So, did you find yourself thinking differently while
you were reading the Last 2?***

Did it just sound different? That alone is raising your sexual consciousness because you're at least THINKING the right things that represent a reality of massive attraction and abundance with women.

When you FEEL it, your life will be 180 degrees change. In a way, the capability to just BE yourself with power and liberated with it all may be far more important than any desire to date a lot of women. But you have to be at that level to truly be competent and liberated anyways.

Now, you're starting to be aware of a different level of reality with women; one where there just IS no anxiety, fear or frustration but only love, possibility, connection (and sexytime). You don't keep beating yourself up even alone.

It's very different from the thoughts, beliefs and understanding (consciousness) on the level of an Un-natural Active 'gamer' (ie. "I have to neg this girl b/c she has this social value and I just want to bang her right now").

It's the lower levels of sexual consciousness that believe and purport exploitation, sex in advertising, music video divas, stripper cam girls, etc.

The beliefs represent the level of consciousness and reality, not just mentally but IN your sexual, physical and emotional (even spiritual) energy. Sexual Awakening work gets you DIRECTLY on that path of 'knowing' and living in a far more powerful reality based on the higher truth of sexuality itself.

So after going through relatively in-depth with each of the levels of sexual reality, *which one are you at right now?*

- **Apathetic**
- **Un-Natural {Active or Passive}**
- **Purgatory**
- **Pre-Natural**
- **Natural or**
- **Awakened Natural?**

Which would you ideally *LIKE* to be at (even if you didn't have to date a lot of women but just wanted the freedom to)?

Maybe you only can believe the next level is possible for you right now but don't worry. You can make what seems impossible change happen.

You just have to have whatever it will take to increase your level of sexual consciousness; not your MENTAL understanding of sexuality, but your sexual energy's understanding of 'what is sexuality'.

This means far more than just changing your thoughts or beliefs mentally. The higher up the scale = the more truth you are 'conscious' and knowing of but you have to feel it and know it IN your sexual energy. The same sexual energy that is out of alignment with anxiety around women in the real world is the same energy that has to get INTO alignment with the Law of Polarity in order to attract women.

Changing your consciousness IS the change of your reality because it's your experience and how women are behaving around you. And the best news is that you're in exactly the right place at the right time to change your level of reality.

Well, the good news is that you were born as a natural and you only acquired things which blocked and prevented your natural, inherent, biological birthright that knows how to attract and mate. Those blocks and limitations ARE the lower levels of sexual consciousness you know as 'reality'. They're stuck in your mental beliefs and your physiological energy, clouding your natural power.

You just fell under the influence of lower levels of sexual understanding to fall away from nature. You ended up believing the lies of society or the ego and got further away from your natural truth.

To make a long, yet relevant tangent very short:

You've been conditioned into lower, un-natural sexual consciousness. There are causes which affected you and took you into your current, *lower* experience.

Porn, media, sexploitation, television, advertising, inner game, MTV, experiences of socially conformed women around you, nightclubs, radio, sex in advertising, articles, photos, men's magazines, 'Game', inner game, behavior of certain cliques of women, behavior of women who've adapted to lower conscious values of sexuality, etc.

If you've been influenced and you're not natural, your BEHAVIOR is stuck in a false experience of what is sexual reality. Naturally, ALL men have the power and capability to attract and procreate, it's this other junk that has warped the truth.

Thus, the lower experience has become your 'knowing' of how things are if you're in Purgatory or lower. It is what you think and know is 'real' but it doesn't represent the truth of sexuality. You were just affected by the causes of lower understanding.

You're only the EFFECT of all the lies of sexuality. All you have to do is let the **truth** overwhelm your beliefs and your reality will change. Will you take your natural power back?

The 5 Action steps will get you going in that direction. And if you associated sexual (especially orgasmic) energy to more of the FANTASY of sex (lower consciousness), you're just stuck in a place below the level of REALITY of sexual attraction where there IS no anxiety around women. Your energy, beliefs, actions and your capability are at a level of fantasy instead of reality.

So *how do you* get on direct track to go from the experience and sexual reality of where you are now **to** the higher levels of dissipating, releasing or fixing all of your inner game issues, sexual anxieties and frustrations you're going through as it pertains to women, sex and attraction?

How do you change your sexual reality?

You already know: all **you have to do is increase your sexual consciousness** and you'll find your anxieties drop away as you get back in alignment with nature!

To increase your sexual consciousness directly, it's actually quite simple, but to have any effect we have to work in a very different way than you are used to; with higher sexual energy itself and your beliefs. It's NOT what you're used to and definitely not what men in Un-Natural would 'think' would be the solution.

Because so much DAMAGE has been done in your life when it comes to women (mostly from programming of lower sexual consciousness that influenced your

holistic energy), you have to have more POWER and consciousness **just to break even and reach Pre-Natural** where you'll still have good results and choice with women without much anxiety and can generally live in peace in this area.

That's why 'sexual awakening' techniques are even more valuable; they're coming from higher sexual consciousness to influence your reality into one above the pain you're currently at.

You start building up a new,, anxiety-free understanding of sexual reality (like in the 5 starter steps coming up) and you'll start seeing the very real changes.

You'd want to have a higher understanding of pure sexual power or energy become 'known' in your understanding reality and that is what will do the miracles. This includes a completely new definition and understanding of what = sexy.

Higher sexual consciousness you could also call '**awakening**' because you are becoming more aware of the truth that already exists on levels far beyond what has oppressed you.

So the solution to experience a change in your sexual reality directly towards that of a natural or beyond is called 'sexual awakening'.

This will take you out of the subjective lower level of consciousness you're at and into the real experience of empowerment, freedom, confidence and liberty with women and yourself. Liberty vs. oppression. Abundance vs. Scarcity.

You'll find that women start popping out of the woodwork and your anxiety just starts to dissipate when no other technique could do it for you – especially any inner game or social technique. It has to be SEXUAL and it has to be of far higher consciousness than the crap that put you where you are.

So let's next look at 5 'sexual awakening' techniques you can use to start **experiencing** and knowing the TRUTH of a higher level of sexual 'reality'. This will effectively and actively rewire your knowing of reality.

5 Steps For Starter Sexual Awakening (for single, modern men)

Step 1. Get an Account with DateinAsia.com or a CupidMedia.com Dating Site

Put up a profile and be active. Watch as real women start messaging you in a more abundant frame of reality without games. The U.S. *online* dating scene can be its own worst enemy for many reasons.

However, once you open your mind to see the bigger picture, your capability will start getting back into more of a natural alignment instead of scarcity, pursuing or resentment. This is to practically expand your experience of reality in terms of abundance; to really start believing it; you just had to know it was possible and real (vs. making it up as an inner game trick that you can't really believe).

And do this, not even necessarily for the purpose of dating or ever traveling to that location but just to SHOW you and start believing that "oh...wait a minute, there IS abundance out there and (these) women are interested in me."

When you start seeing that good-looking, quality women will respond to you without you even asking to, it will plant a seed and start a higher understanding of reality in which there is no anxiety and that there is PLENTY of abundance.

This alone once you can open your mind and get past your ego's judgments will start to heal some past transgressions on your own.

Heck, you don't even have to be 'in' to those kinds of women (at the level of awareness you're at which is still probably very personal-oriented), I just want you to reference it as a tool that there is a different understanding of reality.

Again, you don't even have to date or meet them, just use it as a reference point of higher sexual consciousness. Chat with some of them.

When you reach higher levels of sexual attraction 'knowing', you'll see that it was you who had to change. You can apply that abundant mindset to whatever Western country you're in as well because it's *your* state that matters.

2. Adopt an Eastern Mindset of Working with Sexual Energy

This is a biggie and far too deep to go into here but the point of doing this and sustaining your sexual energy inside of you is that it gives you a different reservoir of 'knowing' and experience with sexuality and sexual energy that can be incredibly powerful.

Taking an active Eastern Taoist, Tantric or Kundalini focus is important in its own way. Its different thinking, different acting and different 'knowing' sexually.

Think of it this way; you already may have all KINDS of conditioned, habituated and embedded orgasmic associations or a 'set way' of doing things (at those lower levels of consciousness you're 'stuck' at).

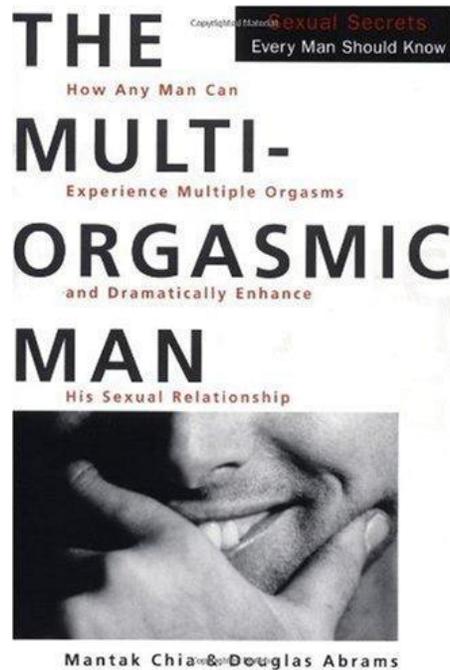
That is actually limiting your sexual power AND you probably have no idea how to 'use' or 'harness' your sexual energy for healing, liberation, empowerment, influence, attraction and bliss (most Westerner's don't including me years ago).

By bringing in a completely new (more Eastern) approach that practically focuses (and values) more on the energy, internal circulation, kundalini and polarity aspects (vs. a Western angle with all of the fantasy misconceptions of lower consciousness like skin mags, bitchiness, advertising, diva videos, m*sturbation with porn, exploitation or even regular sex) it gives you a distinct advantage and tremendous power.

By building up a different conscious experience and understanding of sex entirely, you're making NEW associations, new experiences and a new 'knowing'. If you didn't value it before, now you have SERIOUS reason to.

Doing this alone to a certain level will help heal you because it'll raise you to a higher knowing of sexuality as it's coming from a higher respect and knowing of sexual energy that is pure and not warped or filtered by manipulative socio-economic powerhouses.

3. Buy & Read 'The Multi-Orgasmic Man'



This book by Mantak Chia will help you open up to working with the practical mechanics of your sexuality and implementing an inward energy focus towards achieving internal body orgasms. Yes, you can separate ejaculation from orgasm.

I won't say much more on this subject now except that if you have the book, when you can value sexual awakening more and can see how it can do all kinds of things (like healing and dissolving anxieties), it makes sense how **now** might be the time to dive into this area.

There's a quantum primary difference between expending your sexual energy outwards (masturbation or regular sex) vs. retaining it and using it in different ways.

With other 'Sexual Awakening' techniques (or FixMIG), this gives you the practical leverage to replace, release and transcend all of your lower conscious misunderstandings and energy associations; that which you 'knew' was reality and included all of your suffering, blocks, pains, anxieties, torments and unworthiness.

4. Start Doing 'Natural Grounding'

Start doing the practice of 'Natural Grounding'. What is it? In a nutshell; we as men get in egoless affected or meditative states to qualified videos of egoless female energy. Representations that are unfiltered by oppressive social ideology.

As the humble founder of this powerful form of meditation, I can teach VOLUMES on it. For now, **all you really have to know is to start doing it!** This is a foundational power technique for higher sexual consciousness and real world chemistry with women.

You just allow yourself to be affected holistically (emotionally, sexually and spiritually) by the energy of women in the videos but it's done in a relationship of 'polarity'. As a man, you let the feminine energy just 'be' and you 'soak it in' in your place; equal yet opposite. You don't have to 'figure it out', it just works!

You let their energy 'ground' you more into your yang; let it influence you.

Don't try and join in on their happiness (well you can but that's a different variation); the idea is to become more conscious in relation to the distinct quality of feminine energy as the perfect balance to your masculine; it's basking in polarity.

Let it melt and fade your ego. You're building an energy understanding of sex and sexual attraction. This creates real world attraction around women because you're becoming more conscious of the truth of sexuality and magnetism of polarity.

Grounding has already done literal MIRACLES in the lives of 1000s of men around the world and it's very fun. You can never get enough once you reach a certain level of consciousness!

My own sexual awakening was founded off of it and now there are all kinds of other power variations and techniques that I'm doing to at a level of reality beyond Natural.

Anyways, on N.G.T.V. or Youtube.com there are some examples and playlists of Natural Grounding videos when you type in those keywords. You can start there with the intent of 'being' in relation to the energy of women.

Don't try to change, judge, criticize or filter it but remove all personal and social filters. Value the energy and how it influences your holistic consciousness (emotional state, spiritual..). It will instantly change your level of consciousness to one of connection, empowerment, even love.

Instead of anxiety you'll start seeing attraction because it is your experience and understanding of sexuality that changes. This represents the truth of sexual polarity beyond all personal or socio-cultural levels so you'll see your energy starts attracting women and anxiety fades away.

Once you can get past your blocks, judgments, filters, prejudices (all from the ego or social values), you will start experiencing the healing, enlightening, inspiring and transformational power.

It's a foundational technique to experiencing and living a higher level of sexual reality free from the plagues based on the ignorance of lower levels of sexual consciousness.

To find out more about starting basic Natural Grounding on its own go to <http://www.naturalgrounding.net>

There are also start lessons on the website.

You can find the N.G.T.V. link there.

Step 5. Empower Your Sexual Energy in Different Ways:

For men, try eating 3 tins (like 3.75 ounce) of smoked whole oysters (without shells) in a week. You can find them on stock shelves of grocery stores. Yes oysters work! They do have an effect.

Consider taking legal testosterone supplements like ArimaTest (GNC) or Viraloid (Amazon.com).

Doing things like these increases your sexual energy and libido but for our purposes also gives you some more juice to work with. This will actually make a big different on giving you FASTER physiological change or removing limiting beliefs.

It gives you more power to form a new conscious understanding of sexuality and to make new empowered associations faster.

Generally you want to empower and retain your sexual energy. The Taoists knew this 1000s of years ago and there are all kinds of benefits to it.

When you're 'emitting' it out, you're losing vital energy. Did you even know you can have non-ejaculatory orgasms? It's out of the reality of what is possible in the minds of many Western men.

So, along with the more energy based value of sexuality (and Eastern approach), when you can retain and circulate that energy within you, you will have not only more libido but you can use that energy in many different ways (like directly transmuting into powerful communication, performance, creative flow and clearing emotional or sexual limiting beliefs with special work).

If you think you can't sense your energy as a man, just refer to a time when you were uh, 'excited' and how it feels. But sexual energy alone is very dynamic.

For our purposes, the sexual energy that we mostly work with that is within your body is more a tingling of kundalini that you can entrain to rise up your spine from your nether regions. Retaining and empowering that energy makes it feel even stronger.

Again, having a strong circulation of sexual energy (yes you can feel it more when you empower it and attune into it) gives you a good foundation for doing a lot of different kinds of empowered energy work.

I don't even think I have to mention the benefits not only for your love and sex life but in sparking chemistry and sexual attraction with women.

Those are some great starter sexual awakening techniques. There are so many angles to gain more experience of in this area alone. These can do miracles in your life but it's going to take some different thinking, application and training.

Working with sexual energy and higher consciousness is the only real way for direct, straight-to-it resolution and healing in this area of your life.

I'm not going through the steps to cure porn addiction *here* but we've had men who've been cured from it and Apathy by awakening to (experiencing) higher sexual consciousness. It's all the same thing; increase your sexual consciousness.

Bonus 1+:

You may actually want to re-read the Natural and Awakened Natural as affirmations to yourself. Make them into the subjective form (from 'You' to 'I').

It will take far more powerful sexual awakening work to make a true change in your reality because you have to be affected beyond the mental level, but at least it will get you THINKING on a different level. Maybe you'll at least start to 'get' how it could at least be possible or true from this state of mind (that of a Natural). The real power work of course is with your sexual energy itself which requires special training.

Bonus 2+:

Discover the 'Secret of Women'

This is a video I made a few years ago. Singlehandedly it can help you comprehend a higher level of sexual consciousness and the natural balance. It will help clear out misconceptions about women and sexuality that exist at lower understanding (where your issues are) that were created by society.

It will help you to get a starting gist of the yin/yang balance of life (polarity).

And that's just the mental experience. Ideally you want to be experiencing resources on holistic, non-judgmental, non-egoic levels where you feel and comprehend them IN your higher self experience (like getting very emotional in relation to the video).

When you start experiencing this video in egoless states, you will start to 'know' a lot more and you will awaken to far greater understanding. Anxieties will start melting away. Watch it 2x daily is a good recommendation.

<http://www.youtube.com/watch?v=it79dPC3egE>

So to quickly recap; you saw the different levels of sexual reality from Apathetic through Awakened Natural.

The levels represent the truth of the personal/holistic *experience* of sexual reality. They are **self-evident** (towards the bottom 'is' more and more anxiety, at the top 'is' no anxiety). The levels exist independent of you. You can only change *your* level of consciousness. It's *your* life so kind of important!

You saw where you are currently at in your subjective experience of reality; it's what you think, feel and know is 'real' with women and yourself right now. It generally yet effectively represents your current level of sexual consciousness.

You know that your experience doesn't represent 'the' reality; it only represents the current level of reality and level of sexual consciousness that you're experiencing (which of course can change).

You can see (at least mentally) what it's like at higher levels and that there is different awareness, beliefs and a higher understanding of reality with women.

Naturals are at a different experience of sexual reality because they simply have more sexual consciousness and 'knowing' to the way things really are with nature, polarity and sexual attraction (the attraction force of life) unfiltered by the ego or social manipulation. This affects ALL of their behavior and experience.

You know that **you** can have a different experience of sexual reality even to Natural by changing the level of sexual consciousness in your sexual energy.

In fact, that is really the only and ever way to make a change because otherwise you'll remain at the level of awareness or ignorance you're currently at. More 'work' or techniques at the same level of consciousness will not be effective. You also know you can't effectively resolve sexual issues with mental energy.

And you'll never be able to resolve things by staying in the lower levels of consciousness where the anxiety and problems exists that are founded in beliefs and a reality of sexual ignorance (media, social warping, sexploitation, the ego..)

You also know that the solution to experience a change in your sexual reality directly towards that of a natural or beyond is called 'sexual awakening'.

Sexual Awakening is the direct practice of increasing your understanding of sexual energy/truth/reality/consciousness so that your entire belief system, emotions, physiology, sexual energy and reality exist on that higher plane of sexual power and truth in alignment with polarity and nature.

It is my #1 practical secret to the miraculous changes that I went through and that I have no anxiety around any women. Attraction is there in place.

I didn't even know it was 'the' real secret until just recently. Actively 'Awakening' is why I'm so far ahead of most men (because it was something I was doing privately and not teaching; nor even thought it was related to the dating stuff).

So now I'm teaching it directly and it's your rocket-ship for massive, quantum growth and transformation in record time. You discovered 5 Sexual Awakening starter steps to get you going in experiencing a change of reality.

Those are practical sexual energy and awareness tools that will DIRECTLY start expanding your knowing of reality to the level of a Natural or beyond. They are based on the higher truth of sexual reality and your feeling of it.

That gives you the power to change and cure what you thought was impossible but was only because you were stuck in that lower level subjective experience and knowing of sexual reality.

The tangible results are what you'll just see not only in how you feel (what others would call intangible) but also in your upcoming experiences with women. You'll watch as they start behaving differently around you as you step into a higher knowing of your masculinity.

Because a lot of lower sexual conscious conditioning exists in your reality (if you're Purgatory or below), you HAVE to go through a process of change and progressing to higher levels of reality or you will likely REMAIN at your current understanding of reality with women and self.

This means actively working on your own sexual awakening if you ever want to make any real change and allowing yourself to be affected by higher levels of sexual energy (if it sounds new age, don't worry about it...this is fun and it just works, besides you HAVE to have this level of power).

The power and change HAS to come from higher consciousness; and because it hasn't AT lower levels; that is why you never had any real breakthroughs before and remained around the same place at whatever level you're at.

You may be too conditioned into the sucky level of reality you're at right now because of the beliefs and emotions based on ignorance that exist at that level independent of you.

The level of beliefs will always remain at that level of understanding and ignorance for other men to deal with (at each level, they're dealing with the same issues as others at the same level) but you can now make a real change.

The only solution is for you to shift your knowing so the anxiety and pain disappears when you just 'are' at a higher level. Sexual Awakening takes you into those states of higher power and zero anxiety. The more of it, the more you're just IN that reality around women and the issues of lower consciousness are just GONE and don't affect you anymore.

Because we're dealing with strong emotional and sexual beliefs at the different levels (esp. lower like Apathetic or Un-Natural), you have to have a lot of power and leverage if you want to change your reality fast.

If you're at the Un-Natural level it's kind of like loosening an impossibly rusted lug nut; it will require more consciousness and power to be able to have any effect and free it up (you have to 'know' that you have to use a bigger wrench or other techniques and can't keep working at it with a weaker tool that is below the level of resolving the problem).

Fortunately, with Sexual Awakening there is a LOT more with all of this to accelerate the entire process. There are a lot of techniques including ones so powerful that I've kept classified from general knowledge.

So you've got some starter stuff, but if you're serious about changing your reality with yourself and women, I'd like to help you through the process so you can do it much much faster. Remember that I was in Purgatory for a long time, dipping into Passive Un-Natural myself.

Awakening work is unlike anything else because it is the only thing strong enough to make impossible changes and transformations in your reality. It did for me.

So to help you finally close the doors on all of your past failures, to move you into peace of mind and abundance with the types of women you really want with personal liberty;

I want to give you membership to my new actual **PROGRAM** called 'Sexual Awakening'* for FREE. >> Well, free for 5 months!

*It's actually called '*Holistic Awakening*' and the power of stand-alone 'Sexual Awakening' is just one part within it, but you get full access to *all* of it.

How's that?

So, here's the deal... Because there is a LOT to do in order to resolve the level of issues you're at I've made an online group coaching program called 'Fix My Inner Game'. It was the precursor to SexA and is for heavy and serious change.

FixMIG will help you to cure and clear the exact beliefs which exist in your ego (inner game) and your holistic energy (sexual, emotional..) which are blocking your natural, masculine power from being self-evident and attractive to women.

It's a 5 month program with a lot of powerful training.

FixMIG is shamelessly \$97/mo. (for only 5 months) and includes access to me in the platform to help me through your issues. You get new, in-depth video training and resources throughout the program.

After the 5 months, you get lifetime access to the training, interactive forum + even *all* future content and upgrades.

You get 'Sexual Awakening' (& HoIA) free for 5 months with your membership in FixMIG as a complete tandem solution to resolving your sexual anxieties, unworthiness, personal and energy issues into becoming a worthy, confident, sexual man. It's that change of reality and I lead by example.

It's a double-angle approach and I realized it was a perfect fit at our first FixMIG live event when we went into 'what I do' on that Saturday night (with Sexual Awakening because I've been doing it for YEARS) and that's where the guys were blown away and had the tools for impossible transformation.

That's when I confirmed that the Holistic/Sexual Awakening (higher consciousness) power work which I thought was a separate thing actually was **THE** secret to my extremely strong level of reality (and attraction) around women (and myself).

Together, FixMIG and Sexual Awakening are a perfect fit to practically and progressively change your sexual reality.

After 1,000s of hours (and being the founder of Natural Grounding, the only known form of sexual polarity meditation in the world), I humbly have massive wisdom, experience and awareness in which to help you change your reality starting now (actually it's already started).

Wherever you think you are (and you actually *know* now), we have the guaranteed power and application to change your reality and rise in your experience with women to the higher levels of reality where there are no anxieties or issues.

Take a look at what one of our FixMIG/HoIA members has to say about FixMIG (you can talk with him in the program):

"FixMIG is the best program Rion has ever done. His programs had great content before but sometimes you didn't understand exactly what he meant and you didn't really know how to apply it. I knew he was on to something with the sex maps the first time I read it. These are the steps and clarity we were missing before. All the naysayers out there dissing Rion just don't understand him. They don't understand NG or polarity or the maps that have influenced them. Hell, I'm still learning new things everyday. Most of this isn't even "Rion's" material. He's just showing us nature which has been there all along.

Funny thing is, I almost didn't sign up for this program because it had inner game in the name. I thought Rion had lost it. haha. Man am I glad I did. ***The program has been worth 5x what I paid.*** I'm not perfect but **the progress I've made is astounding.** Before I couldn't even be comfortable in public because I thought I was a failure.." - Duca

'Fix My Inner Game' is mostly focused on awareness and releasing the EXACT primary causes which have influenced your beliefs and your lower level experience of sexual reality.

Your ego (inner game) is in the way and FixMIG is the practical application and awareness to it back into natural, sexual alignment.

There are 16 mainstream belief systems on sexuality (coming from lower sexual consciousness) alone that could have influenced you and 16 action steps to fix your Inner Game. Step #16 of those branches into Sexual Awakening power work itself to help you on the progressive side of things.

So while FixMIG is more focused on awareness, releasing and dissolving specific issues, Sexual Awakening is focused more on the power to make impossible change really happen and empowering yourself to higher levels of sexual reality itself that will manifest in the world and your experience.

Awakening work (and working with other holistic energy like emotional and spiritual...yes it's powerful and advanced) will also give you the power to release and massively evolve.

You WILL see the world of women and how others treat you change around you in your 'knowing'.

Great news is that both FixMIG & SexA are BOTH online-based, multi-media training and group coaching platforms. This means that you get to interact with me in the platform via comments and questions in the forum.

I'll help you and the others with your specific blocks and issues..this makes the mostly video based programs a lot more valuable.

You get dozens of hours of videos and resources with *both* FixMIG & Sexual Awakening/HoIA throughout the course. SexA will have new, world-leading

content every month at the highest levels of sexual reality and energy in the West.

If you're ready to take this seriously and would like to just dive in and really get things going (because you generally ARE in new territory here); *I'm going to make it even EASIER for you to take the next step.*

All you have to do is sign up right now for the 3 day \$1 trial to
'Fix Your Inner Game'.

That will give you the 16 action steps + the 16 popular belief system of sexuality; the initial resources, plus some other great bonuses that you can use ON YOUR OWN for only \$1 to fix your inner game issues. Those are yours to keep.

Because this resource was free...the \$1 'Fix Your Inner Game' resources, along with the 5 starter Sexual Awakening steps here; you're on your way for only \$1 to make prominent reality changes on your own.

But if you want me, my wisdom, experience, experience coaching and massive level of sexual consciousness that is coming from higher levels of reality to help **you** (*because you ARE still at the level you're at and all of this may be new*); do nothing after you sign up for the \$1 trial.

You'll then be upgraded into the full FixMIG program and I'll also add you manually to Sexual (and Holistic) Awakening platform after 3 days.

After 5 months FREE months, if you decide to continue with HoIA/Sexual Awakening, then it's only \$47/mo. (instead of the \$97/mo. rate on its own to non-FixMIGers).

You get full access to **both** of my top-end, **years**-ahead-of-the-rest-of-the-industry insider training and coaching programs. Ask me questions and dive in. You can still cancel at anytime.

If you want to just get the \$1 next step materials and not be upgraded to the immersive training with my help, just email me within 3 days to cancel (rion@naturalgrounding.net)

There's more details at this link including where to sign up:

➤ <http://bit.ly/g9Lp86> < <

Signing up via Paypal will only take a minute and you'll get access to the \$1 Fix Your Inner Game resources which are yours to keep either way and you get lifetime access to them.

So, I encourage you to consider taking the *next step* and take the 'risk' of changing your entire reality with women (or risk forever remaining at the level you're currently at or see slower improvement).

It's YOUR personal/sex/love life. It's your experience of reality.

Do you want to make it everything it could be in these 2 lives you have to live?

There's no obligation and *everything* priceless to gain that just couldn't and CAN'T be gained with lower levels of sexual conscious training.

15 years from now when the seduction industry evolves and realizes that you actually CAN'T fix deep sexual and emotional issues with inner game, who knows where you'll be! You can get started TODAY. Right now even..actually you've already started.

I hope you got a lot out of this power report! I think you already know too much and it may ITCH you over the next several days that what I was saying probably hit home for you and there HAS to be something so amazingly impossible that COULD exist out there.

I'll tell you what it does and it's priceless. Re-read the levels of consciousness if necessary or the whole report to let some of it sink in some more.

Did this report already make some changes?

You can let me know what you think by directly emailing
rion@naturalgrounding.net

The ***experience*** of a higher reality with yourself and women; that it can actually BE full of liberty, fun, choice, connection and love can be your reality. It's *supposed* to be like that but at this point in your life, you may never know without a direct sexual awakening.

All of the other questions you had about women or what to say or do just drop away when you have that higher reality and when they're interested. Remember, it is what it is and the higher levels don't HAVE the issues of being below the problem and suffering in anguish.

Attraction, sex and relationships with more of the women (or attracting the 1 type of woman) you desire *can* be part of your reality. It's your life.

Ready to take the next step for your ultimate transformation (for \$1)? I'd love to see your miraculous awakening happen. I hope you can join me and our other elite, progressive men in the online training & coaching programs.

And let's change your level of sexual reality! It's worth it just to live in peace with yourself and to BE the man you were supposed to be; even more free and powerful actually.

As the walls of B.S., suffering, anxiety and confusion fade around you and you step into your masculinity, I think you'll find it to easily be the best investment you've ever made. A new journey, a new awakening and a new reality.

-Rion

p.s. Here's that link to take the next step by accessing the \$1 'Fix Your Inner Game' Resources:

➤ <http://bit.ly/g9Lp86> < <

More details at the link above.

p. p.s. There *is* 1 more FixMIG live event coming up (if you're getting this eBook at its initial release on April 26, 2011). Then I'm planning to live abroad for 18 months so it would be a while before the next event. The last one in March was legendary and here are some of the statements from some FixMIG/HoIA members who also experienced my level of power belief (around women and) during the Sexual Awakening work we did:

"..I definitely came away from the experience with some incredible tools, strategies, and insights..It would be hard to put a price on an event like this one... have already benefited greatly from some of the breakthroughs I made during and since the event.... Assessing it in retrospect, ***the event was easily worth a few thousand dollars***. But, until I actually went through it, I doubt I could have foreseen or realized its true value.

If you have the opportunity to work with Rion in person, you must do it. He lives and breathes what he teaches and there is no substitute for being in his energy field and seeing him in action first hand. And, if your lucky, Rion can really start to pull back the curtain and give some glimpses into some truly mind-blowing perspectives and ways of being." - ***Mike, Austin***

"The event completely changed my life. It has been about a week since the event and I am still on cloud 9. I didn't actually have the money to take the trip to Austin and I charged the complete trip. However, I am so glad that I went. It was just amazing spending 3 complete days with Rion and everyone else that went to the live event." -***Marc***

"I am now able to see what the real sexuality of women is and that they're just human. I used to put women on such a pedestal, for reasons that are beyond me. I know that I am their MUTUAL and EQUAL counterpart. This understanding is priceless. It has and will continue to impact all aspects of my life. From interactions and success with women to my business, family and social life.." - ***Rishi***

"The first day alone was worth the trip. ***I expected a lot, but I got more.*** I got what I expected on the material side, but I under estimated what I ended up getting on the inspirational end of the spectrum. The experience itself was memorable. I didn't feel like I was at conference. I kind of felt like I was on a spiritual retreat.

The value I received you can't really put a price on. If it were in my budget, I would pay more. How much more? It's tough to say, but the first thing that comes to mind is that if it were in my budget, that event was worth at the very least a Grand to me....Not only is Rion 100% comfortable and confident around women with absolutely no trace of anxiety, but he enjoys interacting with them.. He barely even says anything. I don't think I have ever been in the presence of someone who genuinely loves women more than Rion. He truly lived up to the hype just like I expected he would." - ***Matt W.***

You'll get more details on the next event once you're a FixMIG insider but it's only a \$420 upgrade fee (ea. for the 4 spots available @ release) to attend the live event in Austin May 20-22, 2011. You can also email me directly if you're interested.