FixYourInnerGame (FixYIG):

16 Steps To Fix Your Inner, Sexual & **Emotional Game** Issues With Women On Your Own

-Rion Williams

www.fixmyinnergame.com

More Details @>: http://bit.ly/g9Lp86

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[The 16 Steps are the same but this is the slightly modified *Free Version* in that you don't have to be on the \$1 trial to have this eBook anymore]

Fixing All of Your Inner, Sexual & Emotional Issues with Women!?

This is a grand and bold task that has never been stated or promised before (that I'm aware of)! It's taken YEARS for me to be able to have the experience and power tools to pull something like this together that's never been done before. We've healed men's inner game issues indirectly but with these tools it can now be done DIRECTLY and faster than ever before if you're open to the process.

With that said, the power within this short, concise guide DOES work. I used to have the same inner game issues, doubts and unworthiness that you're dealing with. Now, I have no fear, anxiety or issues around any level of woman (for years now) and it's because I live by example with what I am teaching.

You have very powerful tools to fix or cure an entire lifetime of negative programming.

I have no doubt that if you apply this you will at least see massive change. This guide will help you to fix your inner game issues on your own. If you would like some professional assistance, consider joining our group coaching club of 'Fix My Inner Game': http://bit.ly/g9Lp86

To 'fix' your inner game you have to realize that you've been conditioned to bring your ego into a natural process. This is where ALL of your problems are coming from in the first place WHATEVER they may be. Inner Game itself is the problem.

ALL of your subjective torment or pain experience comes from being OUT of alignment with the simple, natural and egoless process of sexual polarity and attraction.

You have to causally change the core beliefs and values that you have of sexuality and you have to do it in your sexual and emotional energy. Anything 'off' from the reality of attraction (like most of the maps of sex) are blocking your natural ability and making seduction a logical, ego-based process while creating a plethora of limiting beliefs by being out of natural alignment.

By adopting an accurate value and belief system of sexuality (and the higher consciousness of sex) you can use your ego to frame the proper reality of sexual communication. Then, with embedding that new belief system beyond mental thought (IN your sexual and emotional energy) you will congruently believe, feel, know and communicate on the ACTUAL authentic sexual level with women where your inner game doesn't get in the way.

Ready to get on the direct path? So let's have you fix your inner game! This process or these action steps *do work* when you put them to use.

-Rion

p.s. This is the actual reference guide. In the FixMIG coaching program itself (if you join) we will be going into far more depth and detailed immersion for each of the steps including covering each of the 16 maps of sexuality on video in detail as well as working with you on clearing and all of the reconditioning. There, I'll be working with you and select others in a supportive, interactive safe environment to help you apply all of this and more.

The Actual Comprehensive Steps To Fix Your Inner Game, Sexual & Emotional Anxieties With Women

1. Adopt a proper and more accurate definition of Inner Game

Understand that <u>Inner Game = Ego</u>. Which could also be called Ego Game (or playing mental games inside yourself). Mass confusion is created by the majority of dating gurus who are lumping a natural, egoless process into the Western ego-based, logical mind. This messes everything up from the start.

Ego = your PERSONAL and Western self-identity (hobbies, interests, language, personality, quirks and anything that identifies you as 'different' 'unique' or yourself). Inner Game qualities (personal traits) are great to have in a rapport type or long-term relationship but not relevant for sexual chemistry.

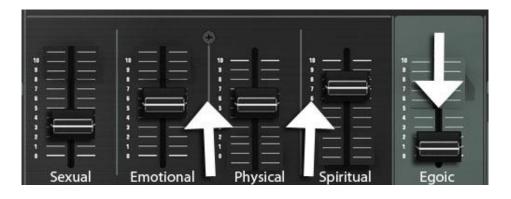
These are NOT sexual. Ego = personal values. This first step will instantly set you on the right path. You cannot cure inner game with MORE inner game; it's jaded to begin with.

Action Step: Read the Inner Game Map of Sex in the Maps of Sexuality eBook.

Accept a definition of Inner Game as = Ego or your PERSONAL self. While DROPPING any further belief (or belief system which promotes) that your Inner Game has anything directly to do with attraction, sex or sexuality or that you're 'at fault' for not getting what is 'out there' (outer game).

2. Open up to (and embrace) a holistic definition of self.

This is a HUGE step right here but basically accept that you have a spiritual, sexual, physical, emotional, mental and social self. This is represented in the mix of your holistic energy as below. Understand that and accept it.



Congratulations you are FAR ahead of other men who view the world from an egobased 'inner game' perspective about life and sexuality.

When it comes to sexuality and sexual communication, inner and outer game are the least important and least effective.

Now you have *more energy and power to work with* in reframing your reality and massively accelerating the process of physiological change into a world of natural attraction and clearing all of the bullshit of the past. Remember that sexuality is most important on the egoless levels and that you may really have to empower and add value on these levels to connect with women more.

It's your sexual and physical energy you want to align, reinforce and condition with your new model of sexuality.

Action Step: Accept the 'mix' of your greater holistic self as your true self with this ebook. It was written by me in my new self-help business. www.egofading.com

3. Differentiate your sexual identity from your egoic self-identity

Embrace the fact that your sexual 'self' is a power greater than and differentiated from your egoic self-identity when it comes to attraction.

Inner Game is different than Natural Game. Simply by being a man *on the sexual level*, you have the biological parts and respectful *capability* to impregnate any woman whether celebrity or porn star which you may think is currently out of reach.

Most all PUA's believe social behavior is sexual behavior thus they end up playing nonsexual social games with completely inaccurate and messed up beliefs of attraction. You want to differentiate and then lock aligning and empowering your sexual identity as something > your personal self.

Action Step: Truly accept, adopt and believe that you have the root of life within you and that your masculine, sexual biological identity and reproductive capability is different and GREATER THAN your personal, ego-based identity especially when it comes to sex.

Start DEVALUING your personal (egoic) self (where all of your issues are) completely when it comes to sexuality. Understand that you have to work on empowering and communicating this sexual self.

And additional action step would be reading Eckhart Tolle's 'The Power of Now' to further clarify a proper definition of Ego and to differentiate yourself from it.

4. Understand the difference between fantasy sex and physical sex attraction

Understand you are attracting what you value. By valuing the FANTASY of sex (ie. Porn) or believing a woman's plastered makeup, beauty, glamour and skin = sexy, you attract it and that is what you experience sexually: the fantasy and more consumerism.

This will become clearer when you get to the Sex Maps of how powerfully you were embedded with the wrong (or inaccurate) programming, definition and reality of sex.

By understanding and VALUING the physicality of sex and sexual attraction (that which leads to the real, subjective, physical experience) you will start attracting that different kind of behavior out of women which LEADS to physical attraction and REAL relationships. The difference in behavior is night and day and millions of men have it all backwards b/c they believe in something other than the natural path (this will also be clearer in the Maps).

Action Step: Watch this RELM video and start valuing the behavior and flirting behavior of a woman as that which leads to physical relationships while devaluing everything that has led and leads to fantasy attraction with women and creates real-world anxiety around women.

http://bit.ly/6LvjT4

5. Get a proper definition and value of sex and sexuality

Change your definition from what you thought and believed = sexual. Differentiate between social behavior being posed, marketed and sold as sexual behavior and what is ACTUAL sexual behavior that leads to physical relationships down the road.

Action Step: Watch the Breaking the Limits of Inner & Outer Game video http://bit.ly/1kiUsY And this will help sink in a lot of what we're covering so far.

Move from an understanding of sexual = social to sexual = natural

Adopt a natural, physical, reality-based or polarity **Definition** of sex and sexual attraction. Start believing sex = natural and start valuing the behavior that starts physical relationships (vs. fantasy relationships).

Understand that anything else is not an accurate definition of sexual and is attracting something else instead of a physical relationship.

6. Understand the authentic and natural process of attraction and seduction (P.S.P.)

Sex is used in so many ways that are completely out of alignment yet extremely influential on a person's belief system including porn, strip clubs, webcam girls, women flaunting their bodies and sex in advertising. That is sex as a business to get your dollars and buy you more into fantasy sex attraction and anxiety and inner game issues in the reality of attraction.

It may appear real because it's right in front of you (even dancing on your lap?!) but it is NOT the process of sexual attraction, despite how believable the illusion is of Hollywood, bling, VIP rooms and Las Vegas.

None of it is real or leads to chemistry because it is simply an unnatural process of attraction and out of alignment. That is fantasy sex attraction. Believing it's real is just part of the power of the maps (different popular, influential belief systems of sexuality).

Start valuing what is the natural process of attraction and what represents or leads to the natural process of attraction. In fact you should ONLY value anything that is in polarity or natural alignment. This is another reason Natural Grounding is so powerful because it AMPLIFIES polarity and real world chemistry.

To lock into it, understand the basic PSP (physical seduction process of consenting adults):

Meet girl > flirting > (follow-up) > kiss > makeout > foreplay > fingering > sexual intercourse

ANYTHING other than you *subjectively* experiencing this reality *PHYSICALLY* with 1 other woman (in some cases 2 :o) is NOT valued by naturals and will not lead to where you thought you were going.

Action Step: Go over the PSP until you realize that it with RARE exception (like skipping a step) is the ONLY way to actually experience things subjectively and that ANYTHING else (sex in advertising, media, sexploitation, fantasy, religion, what your ma told ya, courtship, etc.) is likely getting in the WAY of sexual attraction and real chemistry with women and being seen as a balanced man and a lover.

Although women can *logically* object to this and raise red flags think about it from another angle. Do women also have love lives? Yes. You're becoming that balanced man (instead of jerk) who can also be a lover instead of 'just a friend'. Here we're just bringing it up logically. I recommend to be discreet about things, always have respect and consenting adults if you're active.

Also remember that this is a biological and reproductive process that exists in the Animal Kingdom without the egoic mind interfering. When you VALUE anything that is off track with the process you're attracting other things (social consumerism, fantasy, illusions of social status to get women, etc.).

Sending your sexual energy to other paths of attraction (see 'Maps of Sexuality or Sex Maps') will predictably attract what is the outcome of that belief system. Hehe..what do you get with Inner Game Map? You attract more inner game!

7. Overview and then understand the 16 major maps or belief systems of sex

Other than Natural Grounding, this should be where most of your awareness and awakening can be found, especially as it relevantly relates to changing your beliefs, causes and then behavior. This will really bring a lot of awareness and leverage to change.

You'll want to reflect on these and make this an active process. Take your subjective torment out of the process and view all of this objectively. You can bring up the rage energy later of the wasted years and how manipulated you were when you're purging.

You're getting a big picture view of what almost assuredly influenced all of your beliefs about sex including how you communicate and your results from YEARS ago. You will be able to see that they are merely different beliefs that you can choose.

Go through it, understand each and which ones have influenced YOUR life. This power eBook can be downloaded in your content area. See how some belief systems have taken you off track from the P.S.P (which leads to physical relationships). Those causes led to the effect of your current behavioral reality around women b/c you followed that map and path of attraction. You've probably found you've attracted all kinds of other things instead of the real thing yet it's exactly what the map said you'd attract.

Ask yourself "What specifically in the past influenced and caused my beliefs and current experience of sexual reality?"

Was it really ME or were there some greater, global causes of power and influence which affected me and actually caused this reality?

Can you tell what influenced you in your past and when you were younger? Can you see how PUA beliefs actually mess men up even more?

We will be going through 1 map in video detail each week or 2 as part of the 5 month FixMIG group coaching club.

Action Step: Read the <u>'Maps of Sexuality'</u> book, take some time to reflect on your own life and gain objective clarity about the process of how you were taken off track from your own natural, masculine, inherent power. Can you see how believing in these maps and their predictable outcomes now makes sense of explaining how messed up you are in your love life?

8. Isolate and Understand exactly the primary causes of where YOUR current behavior (the effect) around women came from

(most likely from some of the 16 maps)

Go through the 'Maps of Sexuality' eBook in an objective and interactive way.

Can you see how following that map would lead to that predictable reality or outcome? Wasn't it BELIEVABLE from within that frame or paradigm of reality when it was all you could subjectively see, think and value? Can you see how it affected all of your communication with women from that frame and belief system? Which maps were you affected by and found yourself believing?

Can you remember a point in time where you actually started believing in that model of sexual reality (ie. sitting in a pew at church or valuing the S.I. swimsuit magazine cover)?

Action Steps: After going through 'Maps of Sexuality' write down the actual belief systems that you found influenced you at points in your past. Write down the actual beliefs you believed in but in a past tense format while adding in 'but now I can see it's simply BECAUSE of':

ie. "I used to believe that I	(wasn't worthy of a hot womanetc.) but
now I can see that it's simply because of this	s (name the belief system) belief of sexual
reality"	

"I used to believe that I had to wait until marriage but now I can see that it's simply because of believing in the Religion Maps of sexual reality – which has created confusion b/c I am at odds with myself and not leading a woman..."

"I used to believe that I wasn't worthy of a hot woman but now I can see that it's simply because of the Sexploitation map/paradigm of sexual reality which poses her social-adaptive character as sexual behavior and since I valued the fantasy of sex, that is what I attracted."

BTW this will ALL be expanded upon and worked on in-depth in the ongoing immersive, multi-media 3 month FixMIG coaching program.

See how the relevant belief systems influenced your actual behavior and determined your thoughts of sexuality (more than you actually ever causally did) and influenced your current reality.

Refer to these objectively and often to see that it was really just a game of power and influence on your sexual energy in order to get you somewhere. Keep your inner game (personal, subjective mental thought) out of this process and view it as an observer of how things historically happened.

"I used to believe that I	but now I can see that it's
simply because of this () belief of sexual reality"
"I used to believe that I	but now I can see that it's
simply because of this () belief of sexual reality"
"I used to believe that I	but now I can see that it's
simply because of this () belief of sexual reality"
"I used to believe that I	but now I can see that it's
simply because of this () belief of sexual reality"

9. ACCEPT, DISASSOCIATE and then powerfully RELEASE that you were influenced by inaccurate models of sexual attraction

9a: Accept & disassociate.

Now that you have an awareness and understanding of the types of programs or beliefs which have specifically influenced YOU, we can move on from here. The next step is to **accept** that you were influenced and then to disassociate from those causes.

Fortunately, you are not the programming. You are male consciousness. It's important to accept and disassociate from the fact that you were influenced by external, inaccurate models or beliefs of sexuality.

Programming led to your thoughts and misappropriated feelings which led to your actions and behavior around women. It's not you, it was the external forces of influence and programming from the specific belief systems which influenced you.

So you have to accept that you were just influenced. Open up to that reality because it is the stepping stone to move on instead of keeping things repressed or continuing to believe in false models of attraction.

More than likely you were just a pawn in the games of social power and influence on your beliefs which affected ALL of your communication and energy with women at the

core..possibly so much paralysis and fear that you can't even have a normal conversation anymore. So after you accept that you were influenced you'll want to disassociate from those beliefs.

9a Action Step: Use these power questions to accept to help disassociate from the sex maps which have influenced you.

"Did I originally come up with this belief system of how I thought about women or was I influenced by a program of belief about women, sex and attraction?"

"Was I influenced by these external beliefs which were not even mine to begin with?"

"Can I see that it was the program that then influenced my thoughts, beliefs, feelings and attractions no matter how strong the effect on me?"

"Can I see that the program came in and influenced my beliefs?"

"Can I see that these thoughts and feelings about women are only what I learned in my environment and may not represent the way things actually work with the nature and energy of attraction?

"Can I accept the fact that I've been influenced? Can I see that if I continue believing in the false cause of this belief system it will create further damage and unworthiness with me and women?"

'Can I see that this belief system () is only something I have been
influenced by which then affected my behavior around women?"	

"Can I see that I have a choice to no longer be influenced by this belief system? Am I worthy to separate myself from the further damage that believing in this social program of attraction has caused me?"

"Am I empowered enough to make a new choice or am I subjected as a victim to the unnatural social program that I've previously been influenced by?

"Do I accept that I am powerful enough to make a decision not to be influenced anymore by external belief systems which do not represent the reality of attraction?"

"Can I make a conscious decision to disassociate myself from further belief in this false model of attraction (while I still work on clearing up its damaging remnants)?

9b: To further help disassociate you, it's time to release years of negative programming and conditioning that are embedded in your mind and body. Once you can see the big picture of how your behavior was caused or influenced, you can start the process of change.

Fortunately you can use the powerful processes of EFT/Tapping and Sedona Method of 'letting go to help purge, clear and heal all of that negative conditioning effects. This will help clear you for new change and clear out a lot of the residual junk of the past.

In this you will truly face and accept the pain so if there is a lot of it you will absolutely be breaking down hardcore to release and purge the years of bullshit. Expect it. You have to get through this if you want to truly change your beliefs and physiology to clear these oppressive issues that have enslaved you.

9b Action Step: Use EFT and the Sedona Method to let go of and emotionally release all of the pain from the past beliefs in ineffective and inaccurate models of sexuality.

www.thetappingsolution.com www.sedonamethod.com

You will want to continue the action of releasing and 'clearing' the stuck energy that is associated to those inaccurate belief systems until they are all out. Be active in it even as we continue into the other steps.

Be thankful you're doing this now instead of never no matter how many years you've struggled!

In the FixMIG multimedia coaching itself http://bit.ly/g9Lp86 I will be leading video breakout lessons on how to do this to fix, purge and clear YEARS of negative conditioned beliefs effectively that are holding you prisoner. We also have custom Tapping scripts for sexual releasing (the world's FIRST and BEST) to help sexual issues disappear.

10. Choose a different map and belief system of sexuality

After going through the Maps of Sexuality you'll realize that if you want physical attraction and the reality of subjectively experiencing chemistry, love and consenting physical sex with a high quality woman (although each map does have it's own values and advantages) you'll probably be wanting to adopt the *natural/physical and polarity belief systems of sexuality* since these values attract and result in the (PSP) physical reality of attraction, chemistry, love, sex (and babies).

Fortunately you now have the power of choice to CHOOSE your sexual values instead of being programmed without awareness. This is a powerful step.

Action Step: If you determine you want the reality of *physical* success and attraction with women, understand these 2 maps in the 'Maps of Sexuality' and then choose and adopt the Natural/Physical (and Polarity Maps or belief systems) of sex. These have always been the laws of the universe and now you're getting back in touch with it, away from the man-made nurture belief systems.

This is a huge step because you're logically framing and aligning your intention towards how things actually work in physical reality (despite the power of the other maps working against it). *Consciously making this decision* while disavowing belief in ANY other maps of sexual reality and their influence on you is a GIGANTIC step in the right direction. It may be unpopular but you're realigning yourself with nature and the reality of sexual attraction itself which is beyond logic.

Start to ONLY value and view everything about sex and women through the filter of these 2 belief systems and you will be on the right track for real world natural attraction beyond what you can fathom right now. Deny the influence of all other maps; devalue them and their inaccurate belief systems and values of sexuality.

Note: These maps are somewhat controversial and not popular (especially the Natural map which leads to the REALITY of chemistry with women) as society wants to influence you with its own maps to buy into the fantasy of sex and get your money off of manipulating your energy.

You may be seen more as a bad boy and outcast by getting in touch with your masculine energy and the physical process but you will see drastic increasing changes in the way women behave around you. Even being near you they will be released in their energy and happier.

Truly being in your masculine self is not always welcome or popular so you will have to have a strong belief in it despite the pressure and anti-natural conformity that exists out there in a Justin Bieber world. Belief and congruency in your paradigm means everything and women have to know and trust that you are solid in it. This is a big step so be sure you want to do it.

Now, we've done a lot of the CORE awareness and work. With a logical framework and using your ego to your advantage to ALIGN you with the power of nature and energy, next you'll want to reinforce and condition this new belief system (or 2) so that it overpowers and eventually dissolves your past belief system effects including the healing and resolution of all of your inner game issues.

The releasing and purging is an important step and you will likely be releasing a lot of the pent up pain and anger of being misled. Try to get through that as fast as possible. You will have to let it out because otherwise it will still remain in your energy.

To really change after years of conditioning into inaccurate models and communication of sexual reality around women and in your inner game you will have to use more power than your mental, logical energy.

You will have to reach a point where your belief system becomes stronger than a woman's if hers is out of alignment with nature if you want to have a natural affect on

her without manipulation. You will have to reach physiological congruency in your belief or model of sexual reality because naturally women are going off of your lead.

Remember, almost everything out there is working AGAINST you socially because the maps of sex and media are EXTREMELY influential (and of lower sexual consciousness) so you will have to have a lot of relational mastery, power, immersion and belief associated to your physical and polarity maps of sexuality.

So, with proper alignment and a desire to get back on track with nature and energy, it's time for some real power to align your energy to <u>awakening your masculine power</u> and polarity to be irresistibly attractive to women while fixing all of your inner game issues.

<u>UPDATE:</u> (...Which will be taught in the full FixMIG group coaching program itself: the real singular secret is experiencing higher sexual consciousness (or 'sexual awakening') and letting it affect your sexual and emotional energy...the causes of anxiety are of lower sexual consciousness; media, sexploitation, the ego/inner, etc.). As part of signing up for FixMIG you'll get 5 free months to the program CALLED Sexual (and Holistic) Awakening to further empower your transformation. > http://bit.ly/g9Lp86

EMPOWERING THE NATURAL & POLARITY MAPS OF SEX AND SEXUAL ATTRACTION

Fortunately by doing this whole process and developing your sexual power you will be re-awakening and attuning to your masculine potential and it will just start to overrule your inner game issues and mental blocks.

It IS a process because we are doing reconditioning of some deep-seeded beliefs. I can't say how long it will take because every man is different. Older men have more conditioned beliefs that are harder to shake but CAN be shaken and changed.

I've found that the FAST CHANGE really comes from getting your power energy involved, focused and also aligned with a belief system. Be OPEN to change and using power energy (holistic: sexual, emotional, physical and spiritual) as leverage.

(Update: In fact this was my own singular secret called 'holistic awakening' which I discovered was why I was light years ahead of others..I discovered this 3 months after this initial ebook; I'm only updating some of it for you now 5 months after its initial release).

This is what will rewire you and make you physiologically congruent with your new beliefs much faster.

That means find ways to not just adopt and reinforce a new belief system with your logical, egoic thought but to involve your sexual, emotional and physical energy with it.

By valuing and immersing yourself in a physical and polarity based reality of sexuality, it will eventually just override your previous inner game issues and eventually dissolve them.

In a way you may have a gauge of how strong the neural connections are of your current belief systems of sexuality. Well, you're going to have to at least equal that strength to TRULY start seeing visible changes in your reality with women.

Now you know you have some work to do and if you really want help, consider joining the full program itself: > http://bit.ly/g9Lp86 which includes 5 free months of Sexual & Holistic Awakening group coaching and training as well.

You will HAVE to use a lot of power energy to accelerate this change into a few weeks or months of what some people won't accomplish in a lifetime. You actually DO have to believe with your mind, body and soul in a new model of reality and you won't be as powerful until you reach that point far beyond just a mental knowledge or desire.

Fortunately there is a LOT of power in these 2 maps of sexuality for you to leverage if you are open to it. You will find that by doing this your ego gets out of the way and you just end up communicating more naturally without having to worry about what to say...there is no fear or anxiety in the natural and polarity maps.

11. Embrace the 'Secret of Women'

It's important that you do this to help with reframing your entire value system of sex and sexuality. Look beyond the social culture and lock into the energy of the women.

Action Step: Watch the Secret of Women video at least 2x/day and start being affected holistically by it (emotionally, sexually in polarity, mentally in reinforcing your beliefs..)

http://www.youtube.com/watch?v=it79dPC3egE

12. Put a natural alpha woman as your new and permanent model of female sexuality

And make her your representative definition of what = sexy. You're valuing her *energy* and behavior. This is what attracts and leads to real relationships and chemistry. This also means devaluing the social alpha models of sexuality like Snooki, Paris Hilton, Christina Aguilera, The Hills stars, L.A. clones, strippers, porn stars, import car models, etc. which all represent the social consciousness of sex (which = untrue and distorted).

You will attract what you value so instead of fantasy, having a natural alpha model means you're valuing the ACTUAL sexual behavior of women which starts physical relationships, sex and love instead of corporate advertising, sexploitation and the consumerism of fantasy attraction.

This will really help you to lock in and empower the natural and polarity map of sexuality. Yes that means for example of **believing** in that an Ellen Page is sexier than a Miss America contestant; because you value energy and natural behavior as your values in women.

Action Step: Choose a natural alpha model as your definition and representative of all female sexuality while taking the socially valued porn star or actress/stripper off the pedestal. It's not her necessarily, it's what she represents; great, open female energy which is what your future women can become (this is when everything works)..

You really have to change your value system and you will see women behave differently around you. Value a natural or energy alpha woman MORE than the social-adaptive behavior you used to believe was 'sexy' in a woman.

Starting point: Choose from these so you know you're on track. www.youtube.com le.

Nicole Theriault, Palmy, Jennifer Politanont, Ellen Page, Lisa Hannigan, Alizee, Bua Chompoo Ford, Pamela Bowden, S.N.S.D. girls, Early Whitney Houston, Ofra Haza...

13. Adopt e3 values

This will massively accelerate the process of change into energy attraction and magnetism. This is a new step I discovered and will take you into another reality entirely.

It will effectively help you to have enough power to transcend the force of the previous belief systems and the pull of masturbating to fantasy porn. We already have men cured of porn addiction BEFORE e3 came along. This is some VERY powerful stuff that will ACCENTUATE and amplify the polarity map of attraction where you will really start seeing and bringing out the natural character of women. You will see the results.

Action Step: Read this chapter on e3 and go through the billion dollar lesson on e3 values. Adopt the e3 value system and the e3 dynamic of communication. (coming soon-ish: check the access page)

14. Immerse yourself in e3, physical and polarity values of sex

It's important to have this relational mastery where you block values of the other maps and instead immerse yourself in your new value system and natural behavior of women which attract and starts real relationships. www.relationalmastery.com

Turn off t.v., porn, almost all radio, advertising. Stop *valuing* that unnatural, man-made consumeristic garbage from the other maps which has affected your sexual energy (and its lower, untrue sexual consciousness) and messed your inner game all up. See it for what it is: consumeristic sexploitation and fantasy attraction.

View everything from YOUR filter of polarity and physical values only. Everything else (like that) you will view objectively, rarely allow it into your reality and even then not be affected by.

Action Step: Have Relational Mastery over what influences your state and sexual energy. Immerse yourself in e3 and polarity values. That means flirty behavior of women and tons of natural grounding. Use YouTube playlists of natural alpha women and be affected in your energy by them empowering your belief in the polarity map of sexual attraction (which is how things are). Stop allowing yourself to be affected by the values and fantasy causes of the other belief systems of sexuality.

Be affected on emotional and holistic levels with the polarity and physical maps of sexuality.

15. Condition and reinforce your sexual belief system with tons of e3 Natural Grounding

This step is what should do most of the miraculous change work. Fade your ego and be in an energy relationship to women valuing their e3. Step INTO your natural, egoless masculine presence and spend more time there.

Condition heavily, enforce and reinforce the physical and polarity maps or belief systems of sex.

Action Step: Start with the www.naturalgrounding.net N.G.T.V. playlist for Natural Grounding. Do at least 30 minutes of Natural Grounding (shakti meditation) per day. Really get into it.

16. Explore additional power energy work or resources to accelerate the reconditioning and alignment process.

KOPgrounding (kundalini open polarity), Open Polarity Grounding, SuperHalo http://www.youtube.com/watch?v=9IL6kx_y2vw, Ego Fading www.egofading.com, traditional meditation, Natural Incantations (more info coming in an update), chakra clearing, holistic empowerment...

Really, the entire practice of power energy work is called 'Holistic Awakening' which includes *Sexual Awakening* and even though I started it as a separate program in 2011, it became clear during the first class of FixMIG that it is actually THE missing secret and ingredient for the power to make a change in reality.

You get 5 months free when you sign up for the FixMIG program itself (risk-free); more details here: http://bit.ly/g9Lp86

Empower (your belief in) the sexual maps of polarity and physical sex. With FixMIG & SexA/HolA you'll have the best training in the world for miraculous transformation of your entire sexual reality.

Ok!

Make this an active process of application. Go through each step until it really takes effect. Skip around if necessary. Make new daily habits of Natural Grounding and reinforcing the truth of the polarity and natural maps of sexual attraction.

ANY remaining issues, blocks, psychological blame or problems are SIMPLY fragments of the past conditioned, inaccurate beliefs. Experiencing higher sexual consciousness (ie. Sexual Awakening work like e3 Natural Grounding and a plethora of other powerful techniques), will just allow you to be unaffected by the previous plagues you've experienced and living in that higher sexual reality. (Make sure to read the Sexual Reality PDF as this is a perfect complement to all of this and is covered in depth when you sign up for FixMIG/HolA).

Although with this training and application you can learn to FADE all of your inner game issues entirely (if you still have them) in the moments when around women so you don't have to wait for the full healing process; ultimately you should still go through a process of clearing these out.

Take a longer term approach to clearing them out and if you're single just keep meeting women while you're going through this clearing of your inner game issues. You will start seeing real world changes of not being victim or tortured by your inner game; less mental thought, paralysis and more just flirting and real world attraction signs from women.

So now you have the basic tools to actually fix and cure all of your own inner game issues with women, sex and attraction. If you take the process seriously there is no reason you can't cure even the most serious of issues. Truth is on your side. All of the belief systems ARE believable, just choose a different one (one that represents the truth of sex, attraction and sexuality like natural and polarity free from social/ego influence).

Align to the truth and reality of physical and polarity sexuality and you'll experience things that you would have if you weren't thrown off track to begin with.

I believe VERY powerfully in the polarity map. If all this did was to FIX your energy issues so that you could live with yourself in peace wouldn't it be worth it? Put these steps to use!

It CAN be done and I want to hear YOUR success story!

-Rion Williams

p.s. If you want help with this process, consider joining me with the 'Fix My Inner Game' group coaching club where I help you through it and you get a TON more training including releasing & empowerment tools. There's more details here:

http://bit.ly/g9Lp86

There, I'll work with you in the group format and personally if necessary in our platform to help you overcome your own blocks, sticking points and remaining issues. I have no fear of women, anxiety or inner game issues with women, sex and attraction because I live and lead exactly what I am teaching here.

p.p.s. this should be at a legendary level of value and breakthrough just in this ebook, so whether you're in the FixMIG coaching club or not, I would love to hear YOUR success story..just send it to me @ rion@naturalgrounding.net

p.p.p.s. You can also forward this eBook to people you think would benefit